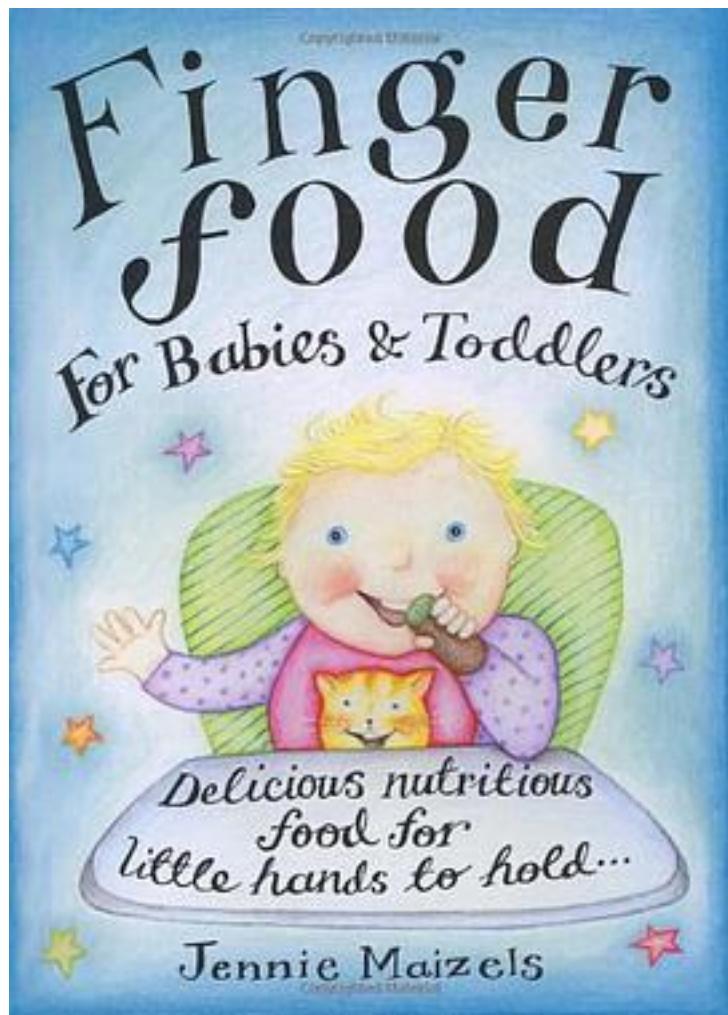


Finger Food For Babies And Toddlers



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Faced with a perpetual mealtime battle with her baby Millie, Jennie Maizels discovered

it wasn't that Millie did not want eat, she just didn't want to be spoon-fed by anyone else. Faced with this independence, Jennie Maizels was forced to dream up ideas for foods that Millie could hold, like a mini pizza or a rice ball, until she was able to feed herself, and life became simple again. But all babies go through a stage when finger-held foods are the best way to feed them. Jenny Maizels has come up with a beautifully illustrated book using a wide range of healthy ingredients, cooked and uncooked, hot and cold, savoury and sweet. (20021018)

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