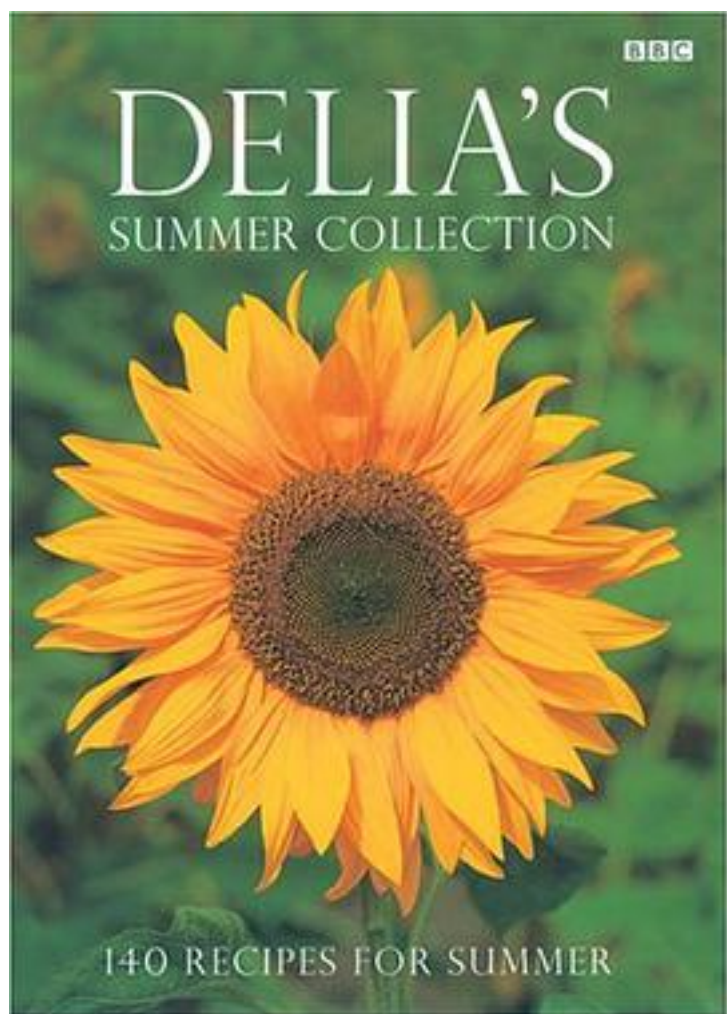


Delia's Summer Collection



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Having sold over 1.4 million copies in hardback, Delia's Summer Collection is available

for the first time in paperback. It is a celebration of summer and all its glorious ingredients. Delia has distilled the essence of summer into a book that brings the sun into the kitchen whatever the weather. From early May to September a dazzling progression of summer produce brings with it a freshness, a sense of excitement and anticipation of what is new. Summer Collection takes that as its inspiration and introduces us to the more unusual ingredients that are growing in popularity; rocket and lemon grass, and herbs such as fresh coriander and sorrel. More familiar ingredients are transformed by the subtle influence of Californian, Italian, Greek and Oriental flavours and ideas. Here new techniques for grilling and roasting vegetables are explained, here are stunning home-made ice creams, barbecues for meat-eaters and vegetarians alike, a feast of fresh fruits, as well as a section on preserves to recapture some of the flavours of summer in the dark days of winter. All Delias recipes are tested again and again to make them totally accessible to everyone who enjoys cooking and eating. The Summer Collection also includes information on new equipment, ingredients and menus for entertaining.

作者介绍:

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