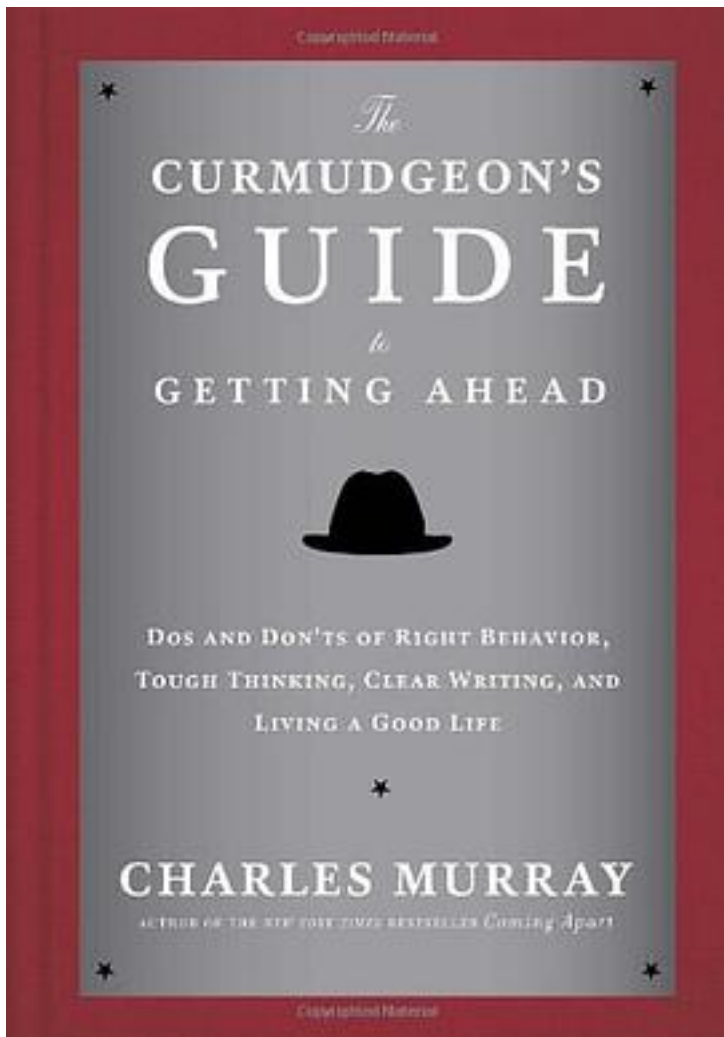


The Curmudgeon's Guide to Getting Ahead



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著者:Charles Murray

出版者:Crown Business

出版时间:2014-4-8

装帧:Hardcover

isbn:9780804141444

For those starting out in their careers--and those who wish to advance more

quickly--this is a delightfully fussy guide to the hidden rules of the road in the workplace and in life. As bestselling author and social historian Charles Murray explains, at senior levels of an organization there are curmudgeons everywhere, judging your every move. Yet it is their good opinion you need to win if you hope to get ahead. Among the curmudgeon's day-to-day tips for the workplace: - Excise the word "like" from your spoken English

- Don't suck up
- Stop "reaching out" and "sharing"
- Rid yourself of piercings, tattoos, and weird hair colors
- Make strong language count His larger career advice includes: - What to do if you have a bad boss
- Coming to grips with the difference between being nice and being good
- How to write when you don't know what to say
- Being judgmental (it's good, and you don't have a choice anyway) And on the great topics of life, the curmudgeon urges us to leave home no matter what, get real jobs (not internships), put ourselves in scary situations, and watch Groundhog Day repeatedly (he'll explain). Witty, wise, and pulling no punches, The Curmudgeon's Guide to Getting Ahead is an indispensable sourcebook for living an adult life.

作者介绍:

Charles Murray is the W.H. Brady Scholar at the American Enterprise Institute. He first came to national attention in 1984 with his book *Losing Ground*. His subsequent books include *In Pursuit*, *The Bell Curve* (with Richard J. Herrnstein), *What it Means to Be a Libertarian*, *Human Accomplishment*, *In Our Hands*, *Real Education*, and the national bestseller *Coming Apart*. He received a bachelor's degree in history from Harvard and a Ph.D. in political science from MIT. He lives with his wife in Burkittsville, Maryland.

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标签

成长

英文原版

职场

工具书

方法论

Career

职业规划

社会学

评论

Murray的这本新出版的小书为年轻人提出了从学术到思维到人生的实用建议。例如，在和长者通信时，除非对方要求，不要直呼其名（尽管美国文化中很普遍），而要尊称。这是对的，我吃过亏。

穆雷对读者类型的感知十分准确，整个阅读过程都像是在与他对话。除了实用的常见用词分类以外，许多人生建议都很有价值。比如1) 找积累型的事業，并不要总想着在年轻的时候就取得成功，因为事业至少是一个四十年的过程，要让经验带来的快感弥补年华老去带来的失落。2) 四个影响幸福的重要因素是：家庭、事业、社区、宗教。在每个因素中进行尝试，不要不曾付出努力就缺席。3) 试图找一些扩大人生张力的体验，如从军两年或者去一个陌生的国家长途旅行，这样的人的成熟和见解都会比大多数同龄人高出一个水平，而非仅仅被困在中产阶级泡泡里。

我对这本书讲英语写作的部分倒是没有特别多的感触，但是其他部分讲得实在诚恳有益。// "how to write papers and tips on marriage and religion" - 豆友推荐//
应该有意地提高自己写漂亮文字的能力和爱其他人的能力，不应该害怕生活水准的降低，应该试图去了解宗教，别用脏字（甚至 damn 这种），写邮件用 roger 和 Thanks!，多花在工作时间上，认识到四十岁才是人生的 prime，不要因为家庭教育而只考虑 typical 的 upper middle class + above 的工作，有 judgment 是好的，being nice vs being good.

a very passionate little book for wannabes. i fancy the last section the most. first two sections are very practical and down to earch. i would totally recommand it to those who want to dig into The Road Less traveled (that is the shittest chicken soup crap i've ever read).

少数观点不太认同，但是总体来说在工作、自我实现、宗教、家庭等人士主要话题上从一个过来人的姿态给了年轻人很多很中肯、细节的建议以及相关的诚恳和理智的分析。可以慢慢读慢慢想，推荐给友邻。

chicken soup that includes how to write papers and tips on marriage and religion. what a range of a curmudgeon view!

家庭 事业 社区 信仰

第一章还是有些老派职场心得，第二章突变写作指南。到第三章前其实还会打个四星，但是第三章实在读不下去了

Murray的建议还是很正直中肯的

目前公司的老板就是个jerk，不知道怎么面对。此书提供了很好的建议，安抚了我近期的焦虑。

我老板就是个标准的 curmudgeon 如果我早一点读此书。。。

宗教部分无法苟同

给胖鱼的圣诞礼物；我也断断续续地给看完了

上周地铁上的功夫开始看的，居然这么容易读的一本书。整体还是很不错的，基本上成功人士/cultured people三观都比较正
所以最后能回归苏格拉底的道德准则上啊。特别喜欢里面judgemental的建议，也特别认同年轻人就要努力拼的建议。

This is the AEI Bible. But seriously if I claim myself as a social conservative it's partly because of what this book did to me.

几年前打了五颗星，短评“Murray的这本新出版的小书为年轻人提出了从学术到思维到人生的实用建议。例如，在和长者通信时，除非对方要求，不要直呼其名（尽管美国文化中很普遍），而要尊称。这是对的，我吃过亏。”其实不光是对资深学者了，在国内大学做过一次讲座，一个听过讲座的硕士生给我写信咨询出国的事，第一句就是Dude, how r u bro? 讲真，这效果不好。Murry还有许多小建议，比如不说center around而说center on。

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书评

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