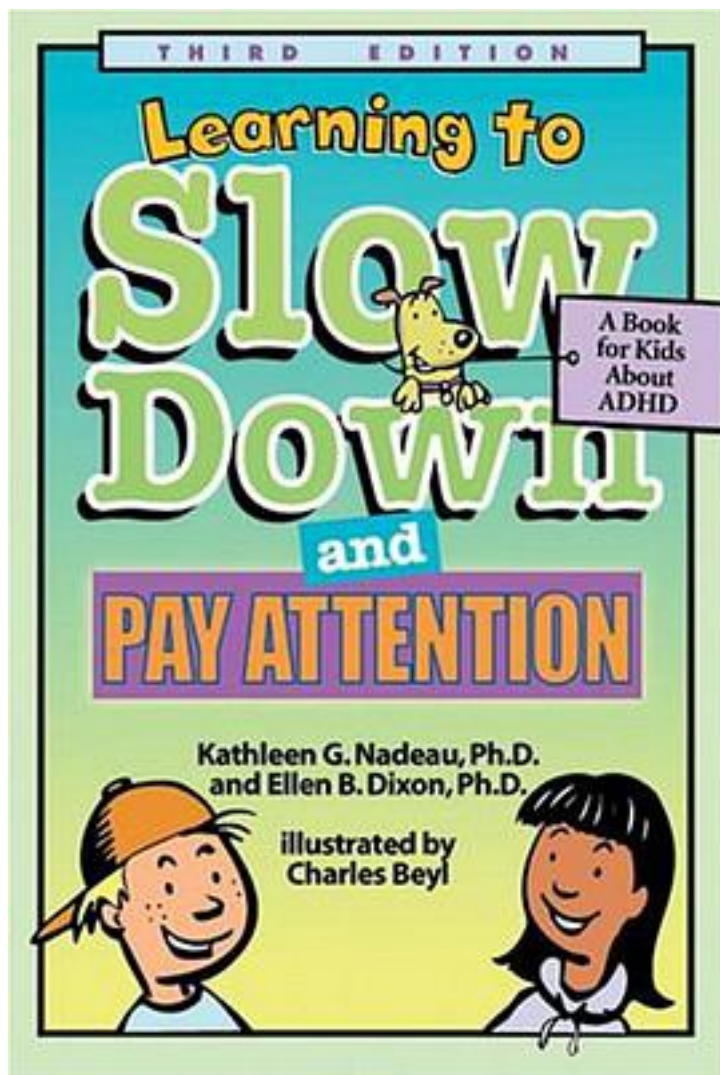


Learning to Slow Down and Pay Attention



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- An APA Bestseller-over 25,000 copies sold! This book is designed as the perfect learning tool to help parents guide their child as he or she confronts the challenges of ADHD. Learning to Slow Down is unique because it is kid-centered, written from the child's point of view. This updated edition includes easy-to-read text, fun cartoons, and activities, as well as loads of self-help tips for coping with friends, family, and schoolwork, getting organized, getting disciplined, and getting things done. Appropriate for ages 6-11. Full-color illustrations.

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