

Old Favorites, New Fun



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Aimed at primary school PE teachers and recreation professionals working with young children, this is a user-friendly resource designed to help teachers formulate a quality physical education programme. It includes lesson plans to develop locomotor,

manipulative and rhythmic skills, as well as basic body and spatial awareness. It offers a wide range of options for improving fitness skills and encouraging active participation, including parachute games and team building activities. Activities are organised according to level, learning objectives, equipment, setup and options for modification.

作者介绍:

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