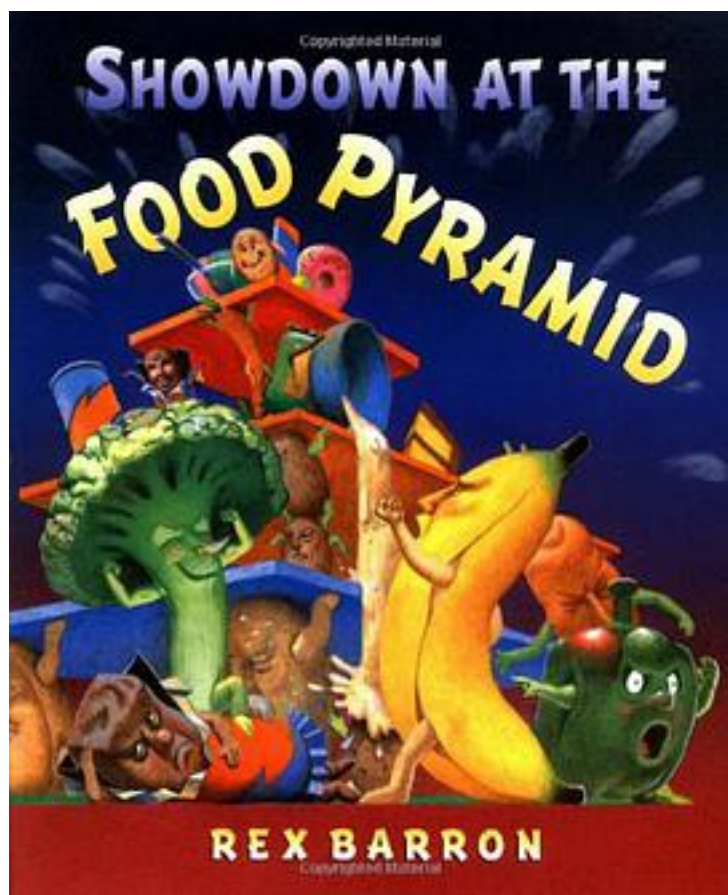


Showdown at the Food Pyramid



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There's trouble afoot at the Food Pyramid: Strange new junk food like "candy bar" and "hot dog" are kicking off all the healthy food to have their own party. Even poor Granny Smith apple gets the boot! As the fruits and vegetables try to regroup, the junk keeps the party going. But no pyramid can support all that junk for long-when it comes time

to rebuild, will the healthy foods be able to find the right balance? With different diets receiving so much attention in recent years, nutrition can be a confusing topic for young readers, so Rex Barron uses a simple story and animated edibles to present an easy introduction to the basic concepts of healthy eating as recommended by the United States Department of Agriculture.

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