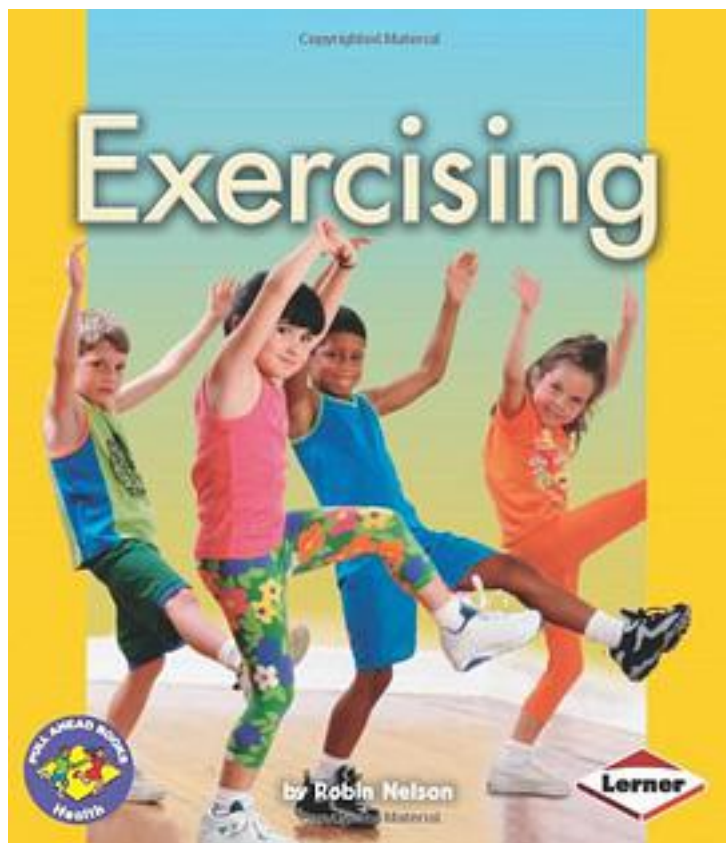


# Exercising



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著者:Goodbody, Slim/ Pinchbeck, Chris (PHT)/ McGinnis, Ben (ILT)

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Well-known TV personality Slim Goodbody, who tours the country giving good health advice to students, is the author of this new series. Each book uses playful text and lively photographs to convey important health and safety information to young readers. The series discusses how to stay safe inside, outside, at school, and at play; how to avoid injuries and how injuries are treated; what our body needs to stay healthy, including exercise and healthful foods; and how to keep clean. Each book-

Features the words and images of popular TV personality and health advocate Slim Goodbody- Correlates to curriculum standards in personal health- Encourages children to be responsible for their own health and safety- Features full-color photographs and illustrations on every page- Includes labeled diagrams and charts- Has been reviewed by a professor of pediatrics and the head of a major pediatric hospital emergency room

作者介绍:

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