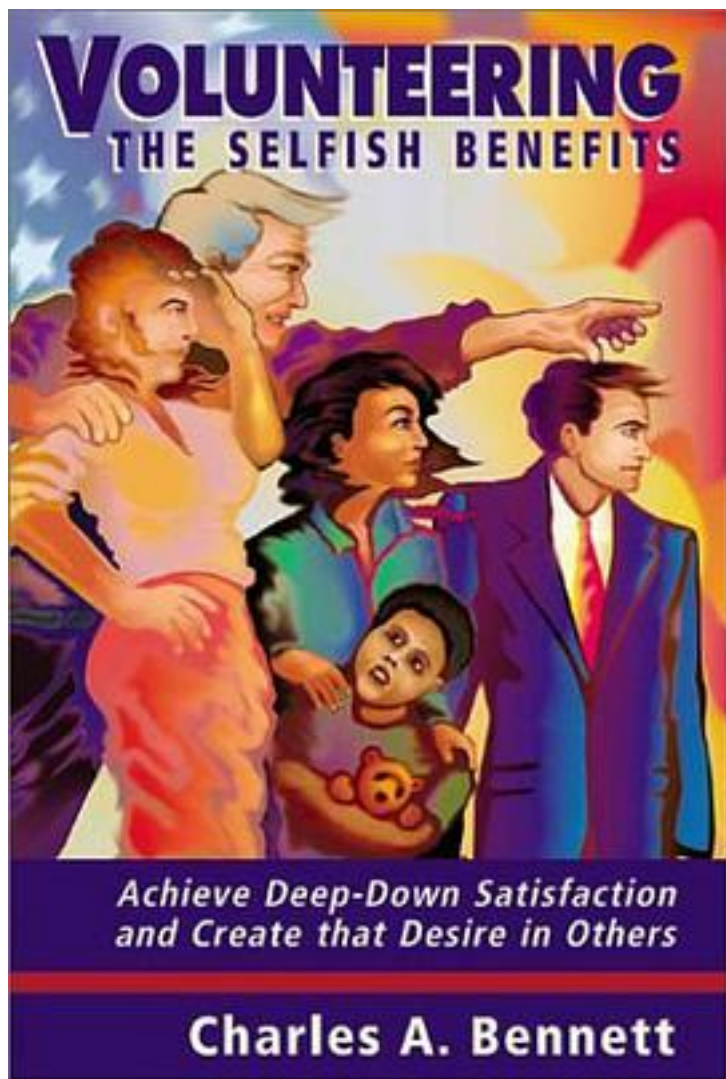


# Volunteering



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著者:Gay, Kathlyn

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More than 70 percent of America's 60 million young people believe they can make a difference in their communities, and the numbers support their assertions. Teenagers spend 2.4 billion hours annually in volunteer service, and their labor is worth \$34.3 billion to the U.S. economy. Volunteering brings emotional satisfaction, provides opportunities for learning skills that can be used in the job market, and helps teens to make career choices. But the major reasons that teens cite for performing volunteer service is the compassion they feel for people in need and the belief that they improve the quality of life for others. Volunteering: The Ultimate Teen Guide is a complete guide for teens who want to volunteer. Young people get a complete picture of what volunteering involves, including the personal commitment and the physical and emotional stamina, as well as the positive\_and sometimes negative\_consequences. This book is filled with inspiring and rewarding stories from teen volunteers who testify to the benefits and the immense personal satisfaction as a result of their volunteer efforts. Volunteering is a wonderful resource for both teens as well as those who work with teens on how to use one's time and energy to positively impact society and to gain personal satisfaction from helping others.

作者介绍:

目录:

[Volunteering\\_ 下载链接1](#)

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评论

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