

# Arguing



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Disagreements may be inevitable, but when they get out of hand, they can lead to misunderstandings, hurt feelings, and even physical fighting. Some young people are overcome by anger or frustration during a confrontation, while others will do anything to avoid one altogether. Arguing: Deal with it word by word looks at the reasons why communication breaks down during arguments and suggests effective ways for young people to manage verbal disputes before they escalate into full-scale conflicts.

作者介绍:

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