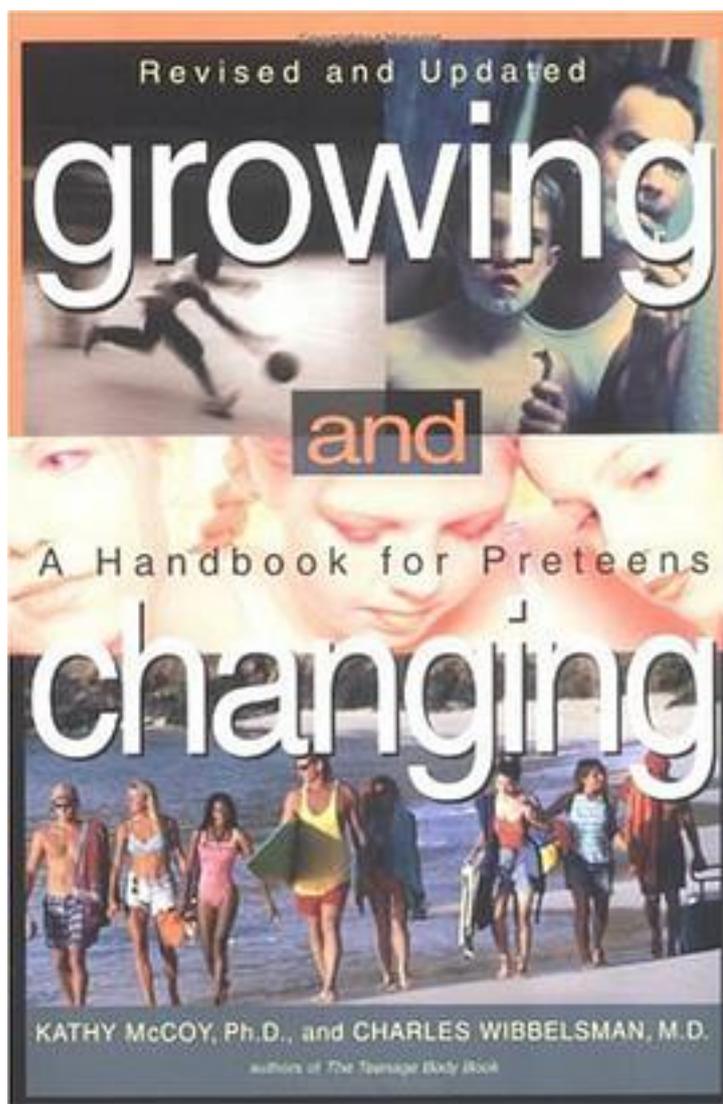


Growing and Changing



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在线阅读本书

For more than 15 years, Growing and Changing has been helping kids cope with the transformation from child to adult. This new edition of the popular guide provides authoritative answers to the most frequently asked questions about: Why kids mature at different rates Stressful family or school situations Physical, mental, and emotional challenges of adolescence Sex and health Body image and eating disorders Depression Fitness Personal grooming and more.

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