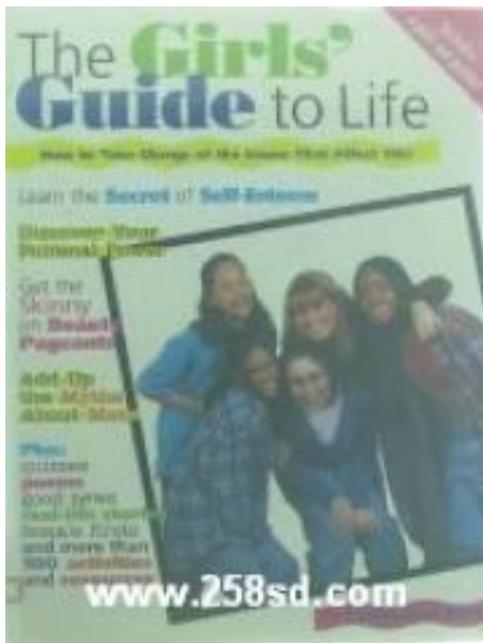


# The Girls' Guide to Life



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著者:Dee, Catherine

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Los Angeles Times, Shari Roan, November 24, 1997 Much has been written about girls' vulnerability to depression, low self-esteem, and behavioral and psychological disorders as they make the transition from childhood to adolescence. It's well-recognized now that the best defense against this treacherous period of development is a good offense. This book provides girls with advice, reassurance, and empowerment....If you know any girls, especially ages 10-13, buy it. From Booklist Gr. 5-8. The black-and-white photos are fuzzy and the sketches amateurish, but this jumble of poetry, advice, information, and first-person experience is an accessible, refreshingly nonstrident means of introducing young women to feminist issues of today. Self-esteem, political awareness, cultural stereotypes, and sexual harassment are but a few of the matters presented, all of which are fortified with

suggestions for actively involving readers in expanding their horizons in school, at work, and at home or helping them learn more about themselves as individuals. Eclectic lists of readings and relevant addresses are featured, and there is a bibliography aimed at adults. Source notes; some fill-in-the-blank sections; a pullout poster. Stephanie Zvirin See all Editorial Reviews

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