

# Can Your Relationship Be Saved?



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著者:Broder, Michael S., PH.

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"The title of this book captures one of the most common issues I have dealt with in my office over the past three decades as a practicing clinical psychologist." Thus begins Dr. Broder's wise and compassionate guide to assessing a faltering love relationship, and answering the fundamental question asked by the book's title. Broder addresses individuals and couples in marriages and other love relationships--long-or short-term, and of any sexual orientation. His 40-item "Can Your Relationship Be Saved?" Inventory asks the right questions. But readers are not left there. The chapters that follow gently guide them in exploration of what is likely to happen if...? What if I go? What if I stay? Readers will find direction in answering those questions for themselves, and the information and strategies to help them act on their decisions. *Can Your Relationship Be Saved?* speaks--in a warm, unabashedly upbeat and optimistic way--directly to the painful ambivalence that results when you are unable to determine how you really feel. Broder's guidance is packed with practical road maps and direction finders, avoiding glibness, cliches, pat answers or "someone else's value judgments that will rarely hold up for you in the end." Chapters include: The Pain of Staying Versus the Pain of Leaving; "What If I Leave?"--"Will I Be Sorry?"--And All Those Other Questions You May Be Asking; "What If I Stay?"--"Could I Be Missing a Better Life?"; Yes, It Can Be Saved--Making Your Life Together Really Work This Time; No, It Can't Be Saved--Maximizing Your New Single Again Life.

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