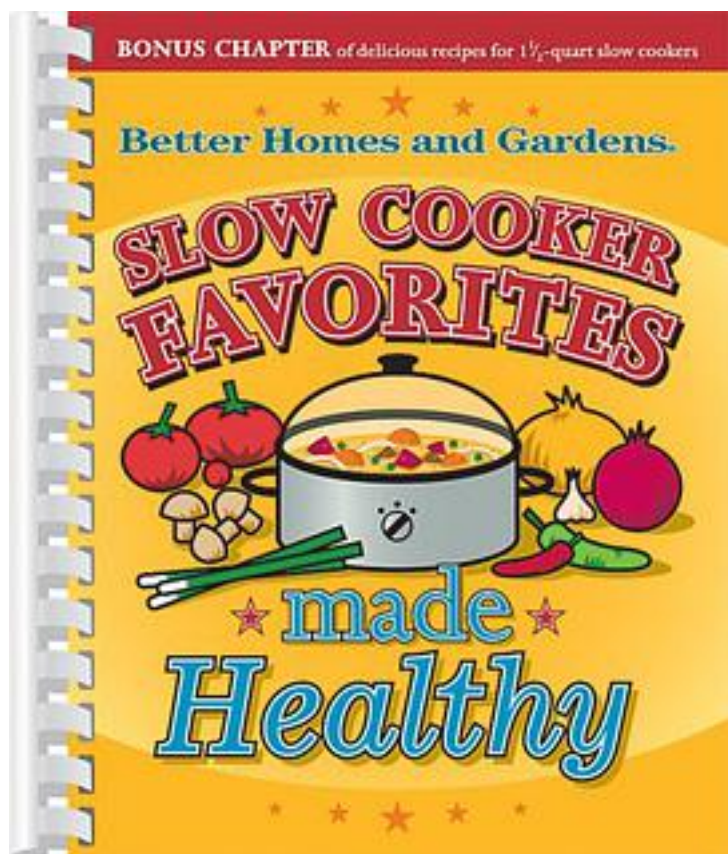


Slow Cooker Favorites Made Healthy



[Slow Cooker Favorites Made Healthy_下载链接1](#)

著者:Trollope, Joyce 编

出版者:Meredith Books

出版时间:2005-9

装帧:Pap

isbn:9780696226830

This book features include: Over 225 delicious, wholesome, family-friendly slow cooker meals that even children will love; Mouth-watering - yet guilt-free - main dishes, sides, soups, appetisers, and desserts are lighter in calories, saturated fats, and sodium; Complete nutrition information, including diabetic exchanges, with every recipe; Helpful at-a-glance chart of calorie counts for common foods; Bonus chapter with

recipes for 1 - quart slow cookers - perfect for serving two.

作者介绍:

目录:

[Slow Cooker Favorites Made Healthy_ 下载链接1](#)

标签

评论

[Slow Cooker Favorites Made Healthy_ 下载链接1](#)

书评

[Slow Cooker Favorites Made Healthy_ 下载链接1](#)