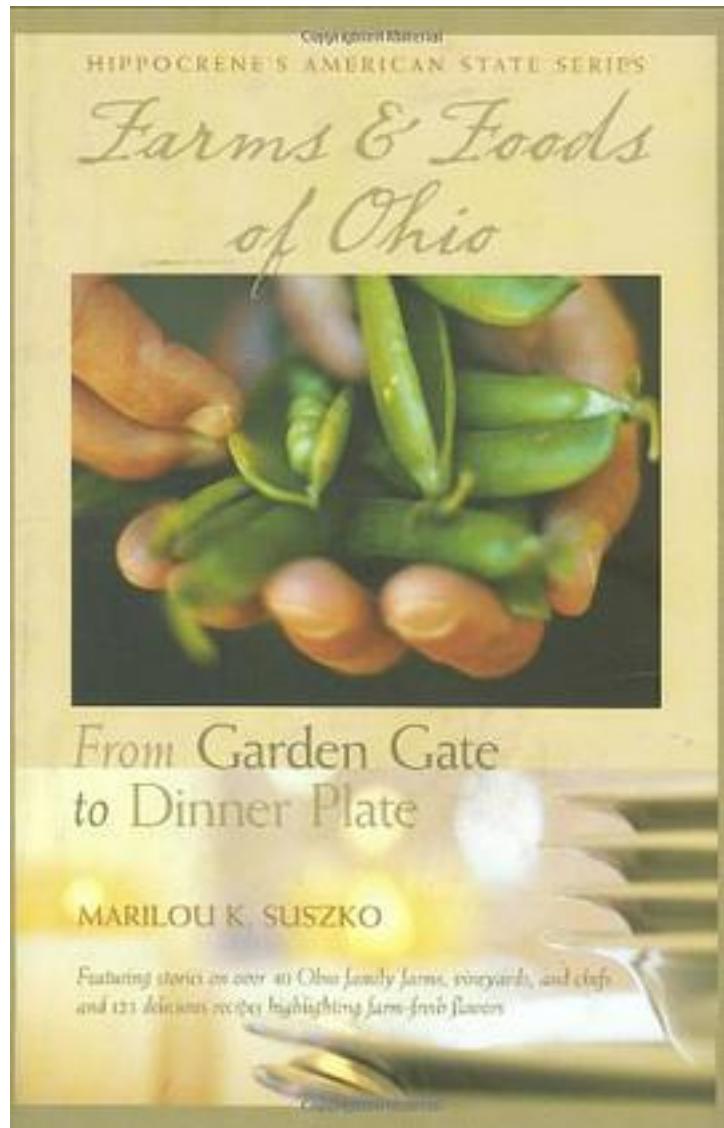


# Farms and Foods of Ohio



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Join Marilou Suszko as she visits her neighbors and invites us to their tables in more than 100 rustic recipes. This fourth in Hippocrene's state series follows in the tradition of its New Jersey and New Hampshire cookbooks to bring more fresh farm fare to its readers. This time we visit the heartland of America and the source of much of the Midwest's healthful produce, journeying to the Buckeye State and exploring family farms such as the Hartzler Family Dairy and the Blue Egg Farm. Marilou Suszko takes you on a journey throughout Ohio, where you'll meet unique farming personalities dedicated to growing, raising, and preparing wonderful foods to grace your family's table. Join her in the fields, in the barns, and out in the vineyards through these wonderful stories accompanied by delicious recipes that highlight farm-fresh tastes such as Grilled Peaches with Berry Coulis; Spinach, Strawberry and Dill Salad; Caramelized Onion & Sage Frittata; Herb Rubbed Flank Steak; Beer-Braised Lamb Shanks; Pork Chops with Sage Sauce; Raspberry Cream Custard; Chilled Blueberry and Yogurt Soup; and Heirloom Spaghetti Sauce. Treat yourself to a luscious cup of White Hot Chocolate, a warm Multigrain Apple Pecan Scone and a copy of Farms and Foods of Ohio and meet the "locals." Once you know their story, the next Ohio grown apple, fresh farm egg or sliver of farmstead cheese you enjoy will taste extra special.

作者介绍:

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