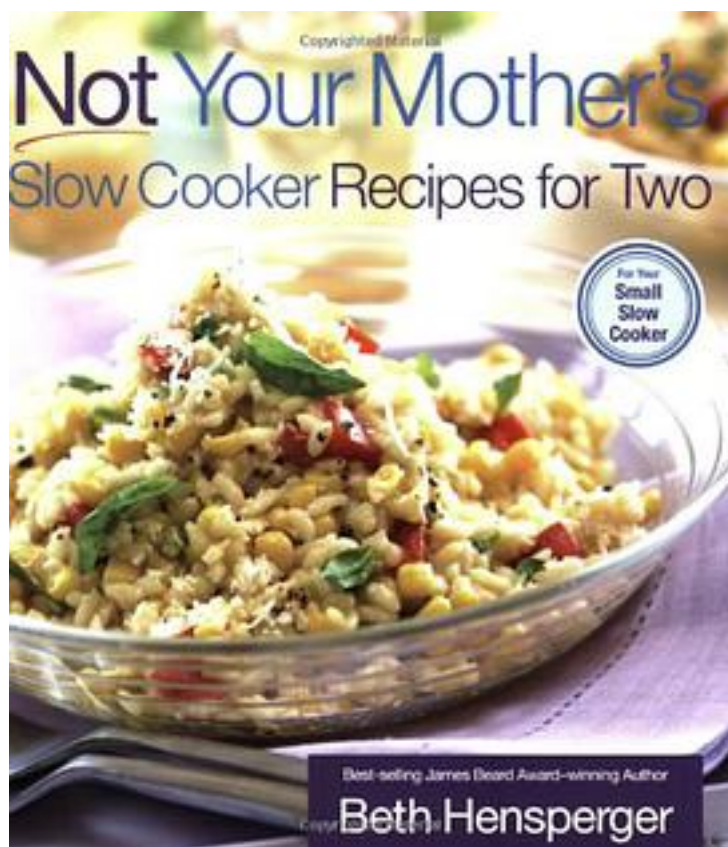


# Not Your Mother's Slow Cooker Recipes for Two



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著者:Hensperger, Beth

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Today, 58 percent of American households consist of only one or two people, yet most cookbooks still contain recipes designed to serve 6-8. In this follow-up to the bestselling *Not Your Mother's Slow Cooker Cookbook*, Beth Hensperger offers 125 new recipes specifically designed for the increasingly popular 1 1/2 to 3 1/2-quart slow cooker. This is the perfect book for busy singles and small families who want the convenience of a small slow-cooker-made meal without sacrificing wholesomeness.

and flavor.

作者介绍:

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