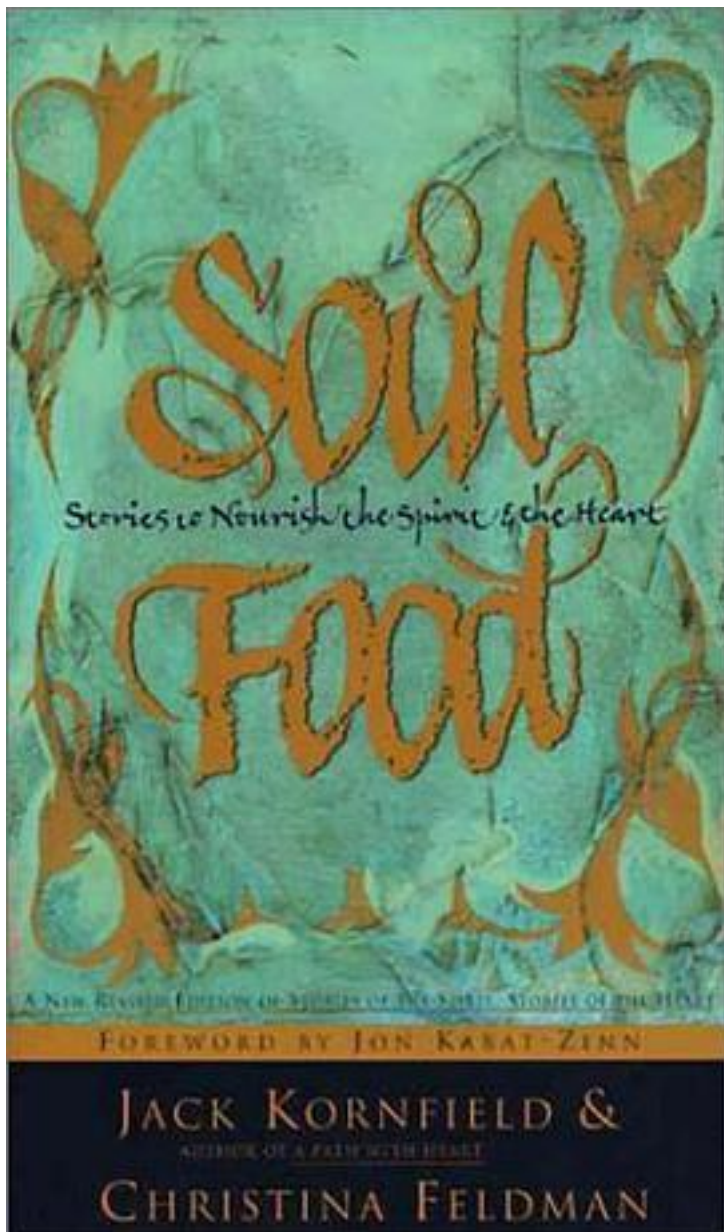


Soul Food



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著者:Ferguson, Sheila

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"Soul Food is just what the name implies. It is soulfully cooked food . . . good for your ever-loving soul . . . the shur-'nuf kinda down-home cookin' that I grew up on," writes Sheila Ferguson. In Soul Food she captures the essence of this cooking through 200 mouth-watering recipes, seasoned with vivid anecdotes, photos, and tales capturing the unique spirit of soul food. (Grove Press)February

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