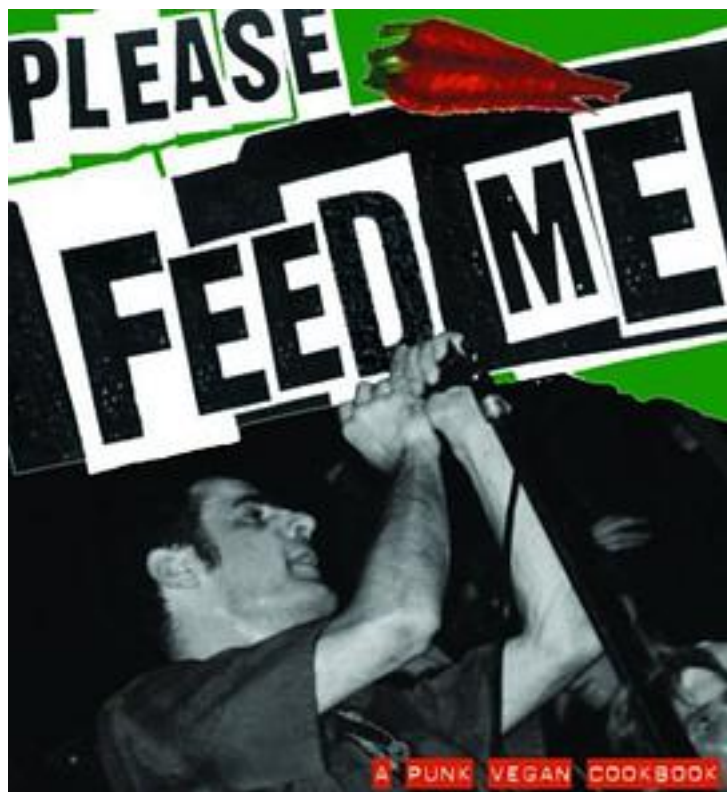


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Developed from the Hope Collective, a popular punk venue in Dublin, Ireland, this unique cookbook links healthy eating with the punk rock community and subculture. With over 120 vegan recipes and personal anecdotes collected from bands who performed at the club, Please Feed Me presents tasty offerings such as Fugazi Chocolate Cake, Bikini Kill Chili non Carne, and Neurosis and Pincer Martin Tomato and Orange Soup. Also included are thoughts on punk rock culture as a vital underground network, and insider stories of well-known U.S. and international bands.

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