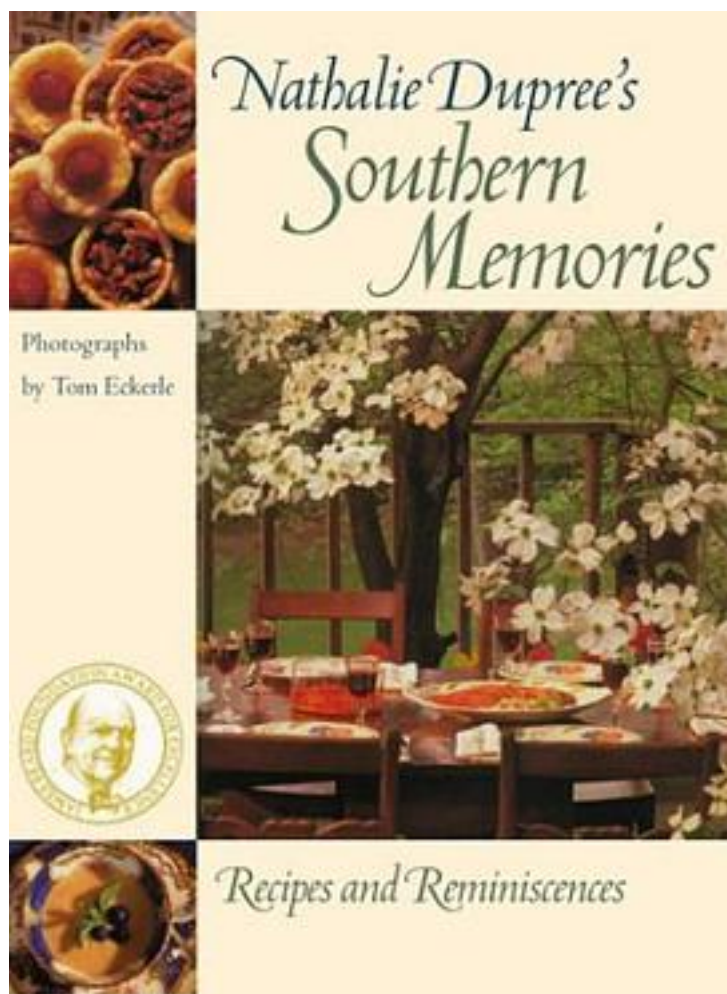# Nathalie Dupree's Southern Memories

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Welcome to Nathalie Dupree's South, a place of ladies' luncheons, bake sales, fresh fish dinners, and pit barbecue, where time seems to move a bit more slowly and where

fresh, flavorful food is an indispensable part of everyday life. For years, television host and author Nathalie Dupree has led the renaissance of Southern cooking, bringing the best of the region's fare to the rest of the country. Now available in paperback for the first time, "Nathalie Dupree's Southern Memories" is the culmination of her lasting love affair with Southern food and Southern living. It is a heartfelt tribute to the people and places that have shaped her philosophy of cooking and entertaining.Join Nathalie as she explores the glorious South, from the oyster beds of North Carolina to the rice fields of Louisiana, with dozens of delicious stops in between and foolproof recipes for more than 150 regional favorites. This culinary tour of the region she has called home for more than forty years pays homage to the old and the new. Offering recipes for such Southern classics as Hopping John, Frogmore Stew, Angel Biscuits, and Country Ham Cooked in Coca-Cola, Nathalie also presents a hearty helping of less traditional fare, including Beef Tenderloin with Oysters Rockefeller Sauce and a savory Vidalia Onion Tart.Gorgeous full-color photographs capture the South's gracious ambience, and Nathalie's personal reminiscences highlight the history and customs that have influenced the way Southerners eat today. For anyone who has longed to step into Nathalie's world as seen on her PBS series, "Southern Memories" will be as welcome as a cool iced tea on a hot summer day.

作者介绍:

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