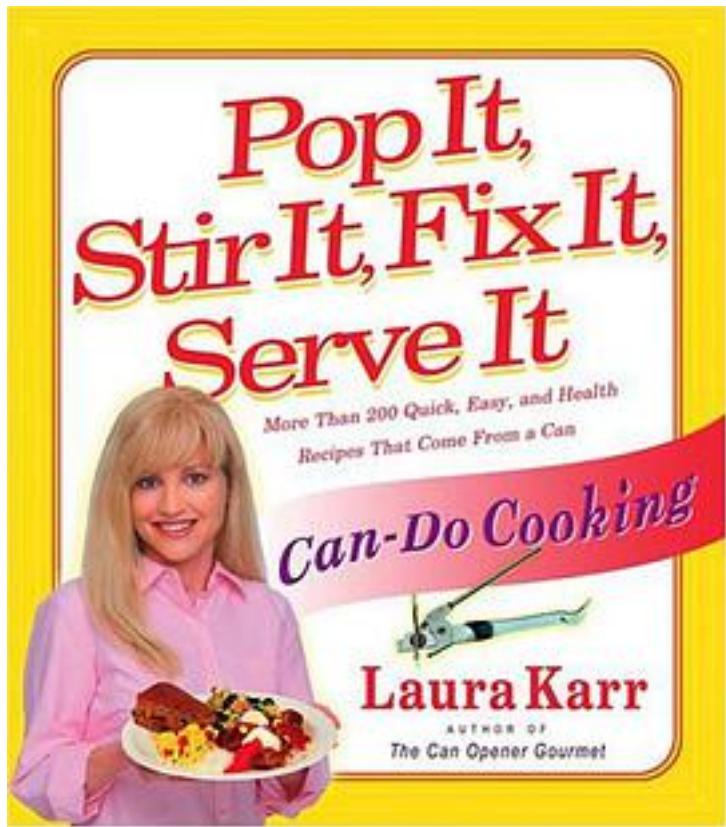


Pop It, Stir It, Fix It, Serve It



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著者:Laura Karr

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With the flip of a lid, and these delicious recipes, you'll have dinner on the table in no time! Short on time? Hungry for something new? With her trademark quick and easy recipes using canned and jarred ingredients, Laura Karr will help you prepare tasty, nutritious meals in a matter of minutes. In her first successful cookbook, *The Can Opener Gourmet*, Laura introduced her worry-free, time-saving approach to home cooking. Now, in her latest offering, she provides 200 more mouthwatering recipes that

require very little preparation-just pop it, stir it, fix it, serve it-and then sit back and enjoy it.

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