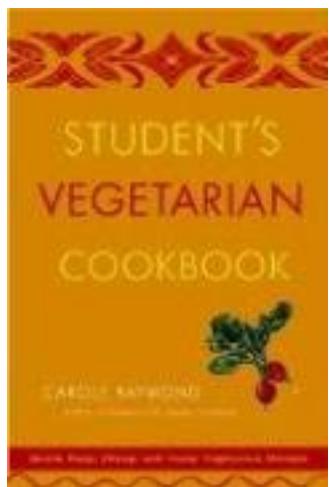


Student's Vegetarian Cookbook, Revised



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Some people won't eat anything with a face. Others just think a meat-free diet is good for them. Whatever the reason, young people on their own for the first time often turn to simple, inexpensive vegetarian meals. Here, they'll find 135 easy, nutritious, and delicious recipes for meat-free pasta, pizza, tacos, fajitas, stirfries, soups, salads, breakfasts, desserts, and more.

作者介绍:

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