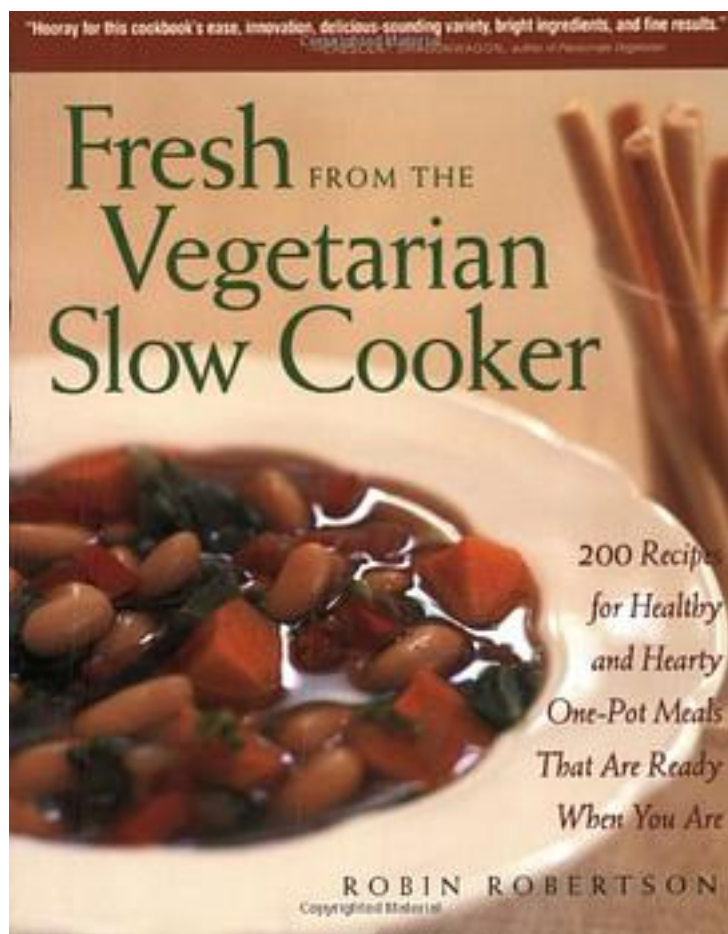


# Fresh from the Vegetarian Slow Cooker



[Fresh from the Vegetarian Slow Cooker\\_下载链接1](#)

著者:Robertson, Robin

出版者:Natl Book Network

出版时间:2004-1

装帧:Pap

isbn:9781558322561

By now the remarkable convenience of the slow cooker is no secret. It keeps the kitchen cool on warm days and is inexpensive and durable. The perfect appliance for vegetarian and healthy cooking, the slow cooker offers a foolproof way to cook beans,

grains, and numerous vegetables. Fresh from the Vegetarian Slow Cooker delivers recipes for simple, delicious, hearty fare without relying on canned soup for flavor. With chapters on appetizers, soups, stews, breakfasts, desserts, and more, this is the book for anyone looking for healthy meal alternatives.

作者介绍:

目录:

[Fresh from the Vegetarian Slow Cooker\\_下载链接1](#)

标签

评论

-----  
[Fresh from the Vegetarian Slow Cooker\\_下载链接1](#)

书评

-----  
[Fresh from the Vegetarian Slow Cooker\\_下载链接1](#)