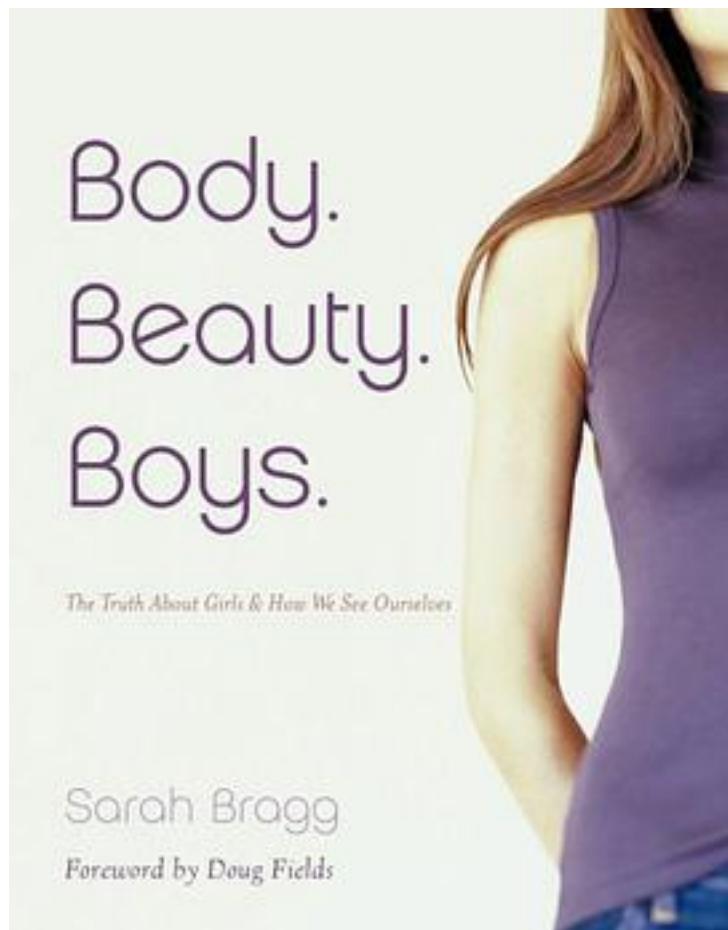


Body. Beauty. Boys.



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著者:Bragg, Sarah

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Body. Beauty. Boys. Many teen girls pick up the message early that these three things will totally determine their future happiness. They become devoted to these three things to the exclusion of all else. Their friends and family may not recognize it, but

their every waking moment is consumed with thoughts of their body and appearance, which leads them to drastic, destructive measures in their lives. This book offers encouragement, advice and guided journaling for girls in those critical years of battling their body image.

作者介绍:

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