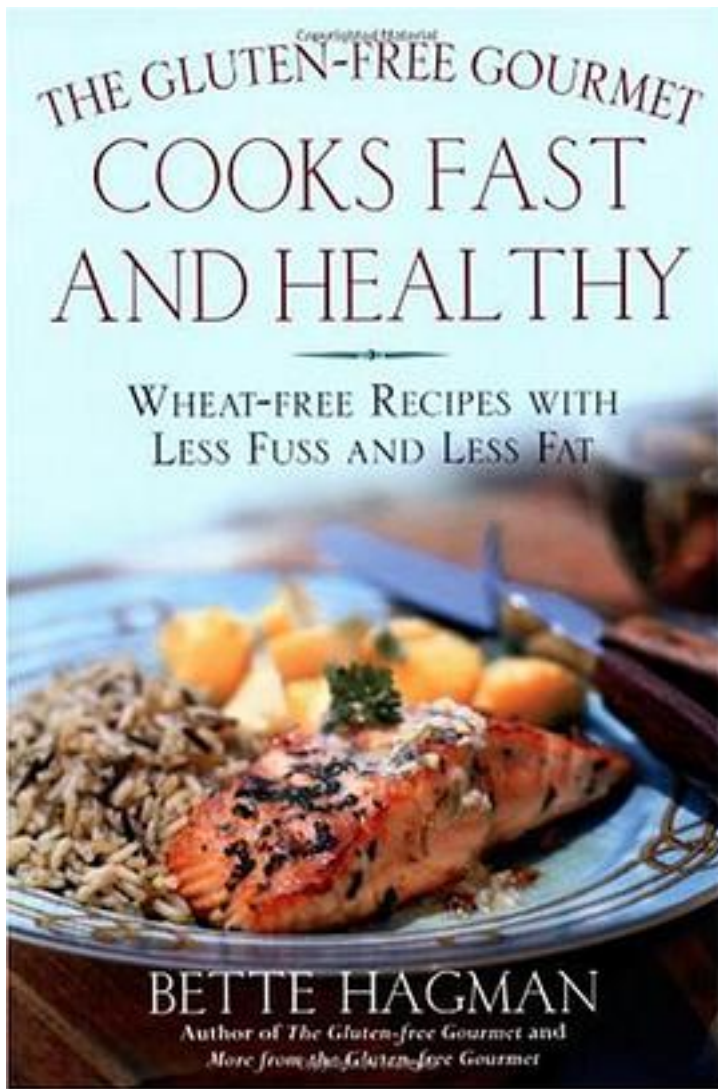


The Gluten-Free Gourmet Cooks Fast and Healthy



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著者:Hagman, Bette

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This is the perfect book for those who must put together a gluten-free meal at the of the long working day. From the author of" The Gluten-free Gourmet, 2nd edition," here are more than 275 recipes for gluten-free pasta, baking, and soup mixes that are as easy to use as anything from the grocery store. With new bean flours to add to the other gluten- free flours, there are also fantastic recipes for breads, cakes, cookies, pies, and pastries.

作者介绍:

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