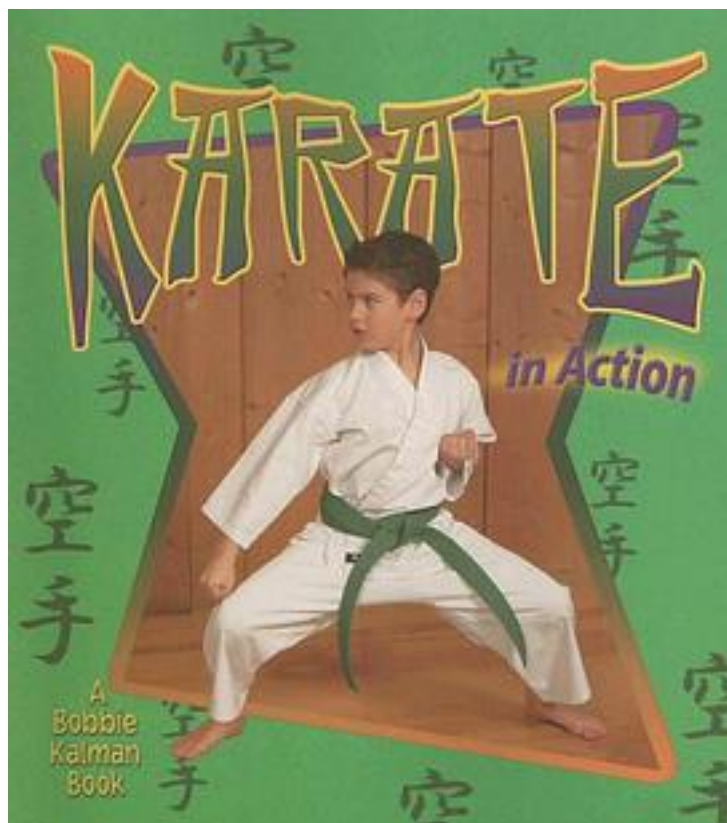


Karate in Action



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著者:Macaulay, Kelley/ Kalman, Bobbie

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Kids will love learning how to safely perform the fast-paced karate moves highlighted in Karate in Action. Bold images and clear text will teach kids everything they need to know about the history, techniques, and competitions of the world's most popular martial art. Other topics include- katas and sparring- showing respect to the sensei and to others- the history and use of weaponsGet in the game with Crabtree's exciting series on some of children's favorite sports.Features: - the history of the sport- basic

rules of play- equipment and safety precautions- techniques and quick tips for kids on how to improve their skills- action-packed photos showing boys and girls demonstrating moves- emphasis on the value of fair play and teamwork

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