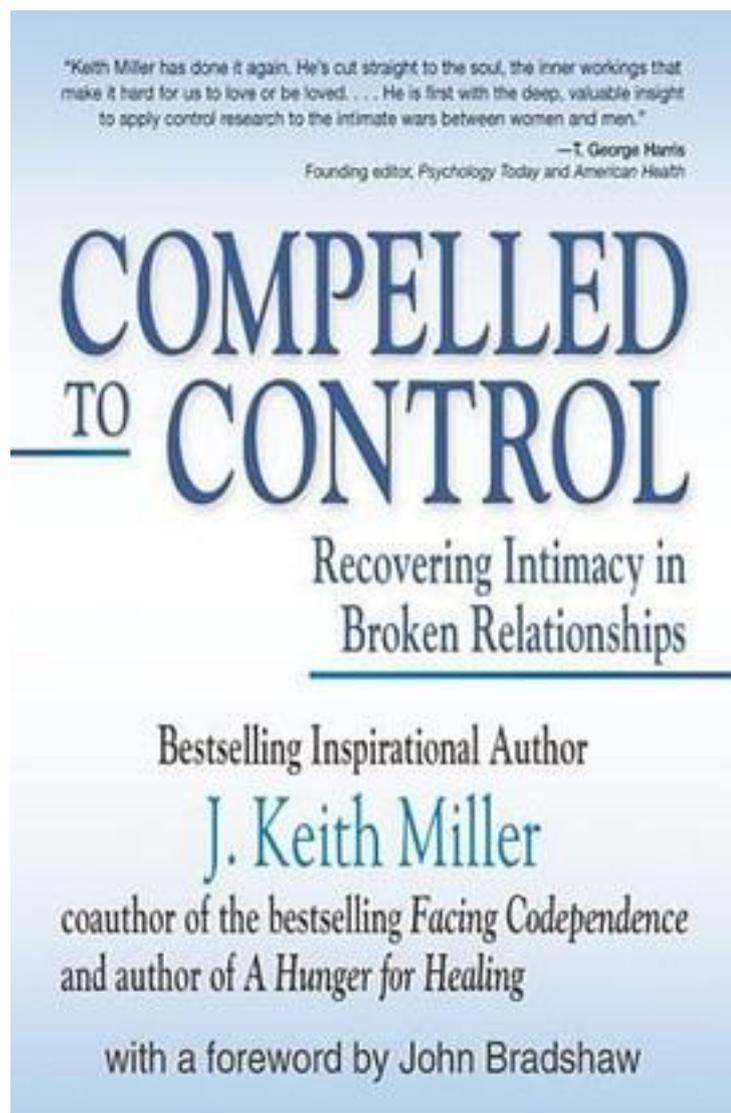


# Compelled to Control



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著者:Keith Miller

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this exciting book breaks new ground in identifying the major cause of relationship failure as the need to control - in marriages and families, with friends and within organizations. "Compelled to Control" reflects Miller's sweeping knowledge as a thinker, a speaker and a writer. Going far beyond "how to control a controller," Miller speaks from the perspective of experience and personal change. "When a controller has the sense of life being out of control," he says, "he or she reacts with an even stronger need to 'get things under control'...usually with the negative result of alienating the people who matter the most." Miller tackles this deeply denied, seemingly universal phenomenon with compassion and offers a way out of the dilemma. He tells who to approach broken relationships in new ways, leaving behind destructive patterns of perfectionism and self-justification. Keith miller is one of those rare writers who can combine intellectual acuity with deeply felt insight born of his own struggle for authenticity. "Compelled to Control" is an impressive contribution to the literature of recovery and personal change.

作者介绍:

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