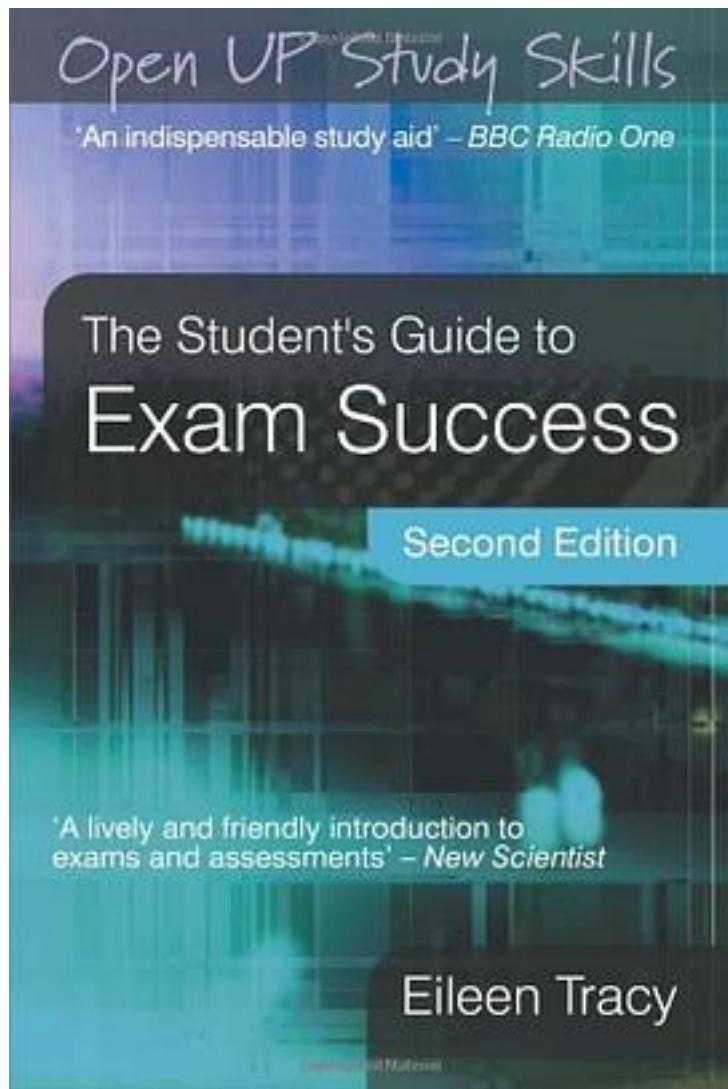


The Student's Guide to Exam Success



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'the most life-enhancing publication to come my way in a very long time! a revelation' Nathalie Wheen on Classic FM 'a saviour...Read in one day...it works! Ever felt spiralling into a black hole? This book will awaken the passion you once had for your studies - it's there, you just can't feel it...until the first few lines of Chapter 1. Turn a nightmare back to your dream - and realise it' Student on Amazon Exams frighten almost everyone. Fear of failure (and even of success) can make even the most able students struggle with coursework, revision and exams. Most study guides overlook these powerful underlying emotions. Unique in allaying the anxieties that cause people to procrastinate, go blank, swot pointlessly or underperform, this book can change your attitude and help you break free: Understand your fears Stop panicking and start enjoying your work Develop a balanced mental approach to your exams In addition, it offers a wealth of grade-boosting tips: Devise a revision strategy that works Write powerful essays Learn how to speed-read Create effective notes and mind-maps Remember what you learn Written simply and humorously, with summaries enabling busy students to read quickly, this is one of the most comprehensive and user-friendly study guides available. The second edition contains additional material for mature students and a brand new chapter offering real-life student testimonials.

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