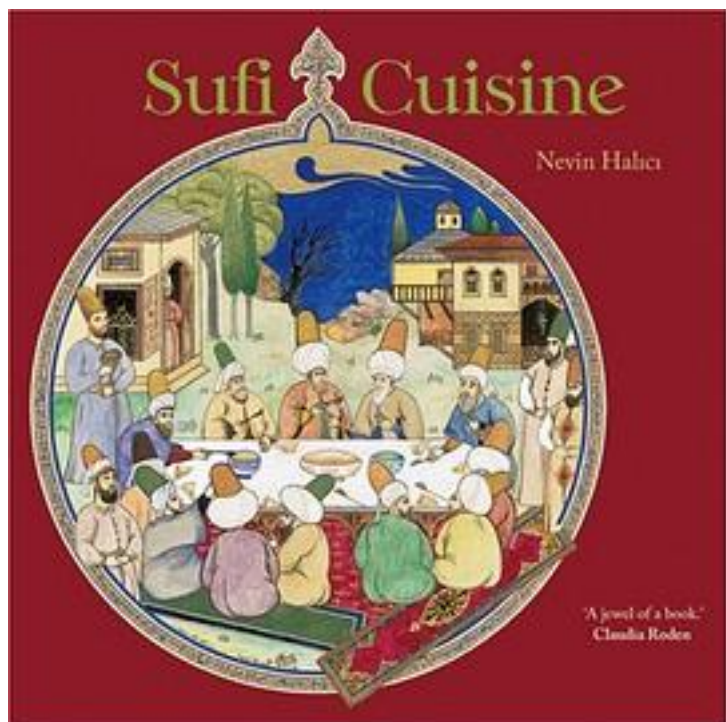


# Sufi Cuisine



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著者:Halici, Nevin/ Halc, Nevin

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Combining culinary history with over one hundred sumptuous recipes inspired by the teachings of Sufism, *Sufi Cuisine* takes the reader on a sensuous journey of earthly and spiritual delights. As Nevin Halici explains in her introduction, the eating and preparation of food is at the heart of Sufi religious practices and beliefs, and the truly inspiring array of dishes - from preserved rose petals and snow helva, to baklava prepared with water in which oak ashes have been soaked overnight - illustrates this beautifully. Full of charming anecdotes, poetry from the great Sufi mystic, Mevlana, and delightful recipes, *Sufi Cuisine* is a rare treat.

作者介绍:

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