

Tai Chi for Fun!



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著者:Koontz, Robin Michal

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Key Features- Timeline- Diagrams- Basic Equipment Lists- Basic Rules and Strategies- Trivia- Table of Contents, Glossary, and Index- Relevant Web sites at www.FactHound.comStandards- National Association for Sport and Physical Education, Moving into the Future: National Standards for Physical Education, Reston, VA: McGraw-Hill, 2004.

作者介绍:

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