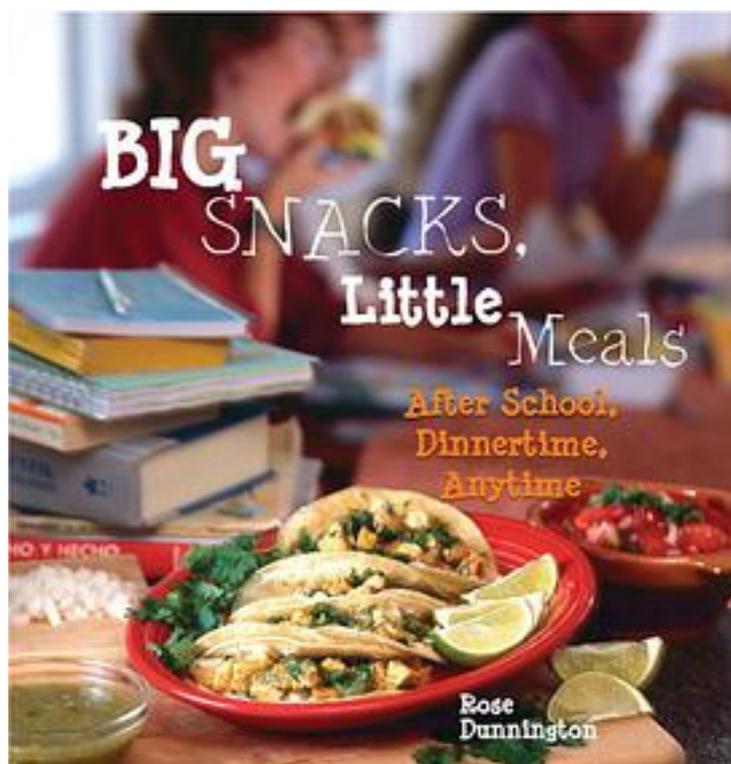


Big Snacks, Little Meals



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What will entice kids into the kitchen and turn them into budding chefs? Try yummy baked apples, to-die-for brownies, crunchy, munchy stove-popped popcorn with peanuts and chocolate. All found in this lie-flat, spiral-bound cookbook made just for them. Inside, hungry snackers will find foods they can prepare to fill up that after-school empty belly, sate a postgame appetite, and banish movie-watching cravings. And, most important, all these bite-size mini-meals are fun to make, delicious, and (keep it a secret) "healthy." A handy basics section includes details on how to read a recipe and teaches kids everything from creating a work space to

presentation. Before long, confident youngsters will smoothly prepare such tasty dishes as guacamole, cheese straws, and baked chicken fingers.

作者介绍:

目录:

[Big Snacks, Little Meals_下载链接1](#)

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