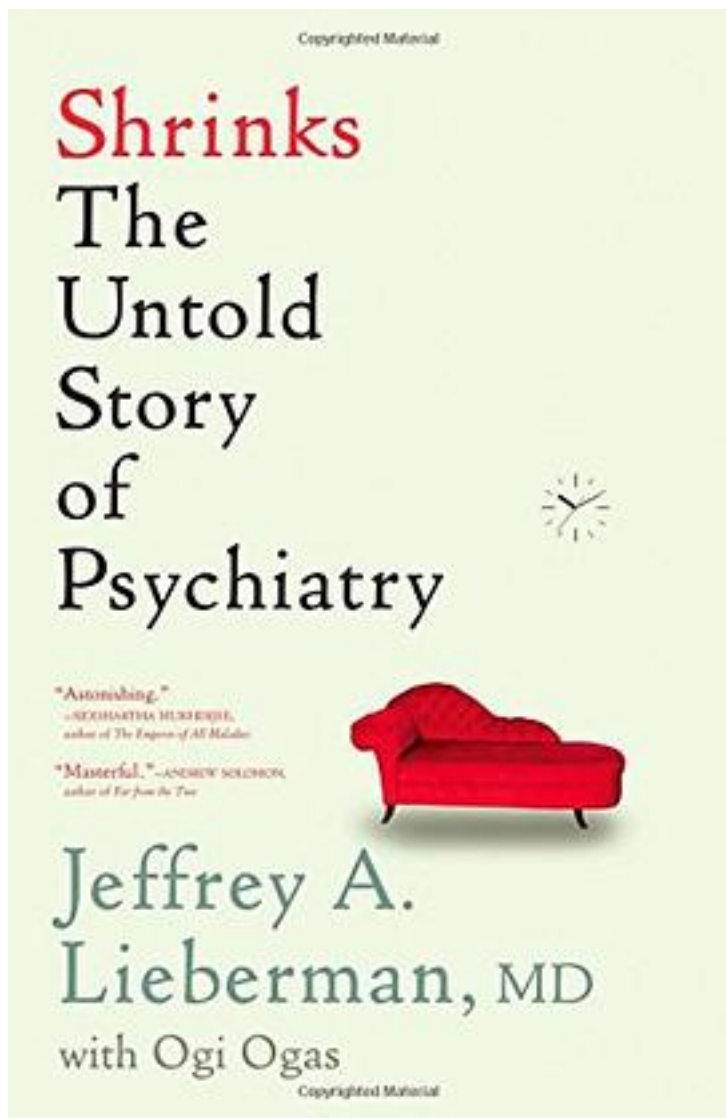


Shrinks: The Untold Story of Psychiatry



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著者:Jeffrey A. Lieberman

出版者:Little, Brown and Company

出版时间:2015-3-10

装帧:Hardcover

isbn:9780316278867

Psychiatry has come a long way since the days of chaining "lunatics" in cold cells and parading them as freakish marvels before a gaping public. But, as Jeffrey Lieberman, MD, reveals in his extraordinary and eye-opening book, the path to legitimacy for "the black sheep of medicine" has been anything but smooth.

In *Shrinks*, Dr. Lieberman traces the field from its birth as a mystic pseudo-science through its adolescence as a cult of "shrinks" to its late blooming maturity -- beginning after World War II -- as a science-driven profession that saves lives. With fascinating case studies and portraits of the luminaries of the field - from Sigmund Freud to Eric Kandel -- *Shrinks* is a gripping and illuminating read, and an urgent call-to- arms to dispel the stigma of mental illnesses by treating them as diseases rather than unfortunate states of mind.

作者介绍:

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标签

psychiatry

心理学

美國

科普

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历史

psychology

mental_illnesses

评论

作者充满信心地宣布精神病学已经进入了兼容生物学和心理动力学的新时代，但究竟是否信服它真的上了“正轨”，还是暂且悬置，等看了那本mind fixers再说。书中很重要的一点，精神医学的可信度和科学性和精神疾病的诊断标准紧密相关。我怀疑在这一点上，精神医学永远无法真正像心脏病学那样。更何况人文学界还在孜孜不倦地搞着精神分析。到底值不值得硬着头皮读一下拉康呢……

if you wanna fetch the most updated development of certain profession, you've to stick to someone who's capable of uncovering lies, Lieberman is the one for psychiatry

加长版psychiatry发展史

09012020 資料性強，啟發性不大。

很有意思的精神科医疗发展史。精神疾病“无形”的性质导致这方面的科学研究走了很多完全不靠谱的弯路。由于这些不靠谱的弯路又导致患者对精神疾病医疗整体的不信任。本书的中心思想就是“我们已经走上正路了，有病得治”

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书评

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