

The Everything Guide to Raising a One-year-old

THE
EVERYTHING
GUIDE TO
RAISING A
ONE-YEAR-OLD



From personality and behavior to
nutrition and health—a complete handbook

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As busy parents who are fast approaching your baby's twelve-month milestone, you need a helpful manual to guide your baby through developmental milestones like

walking, talking, and engaging with others. The Everything Guide to Raising a One-Year-Old offers sound advice on getting through the next exciting-and challenging-year of your child's life.

This all-new guide helps you transition smoothly from the baby years into the toddler years with expert advice that shows you how to:

Encourage physical and emotional developments, such as walking and communicating needs

Address day-to-day issues including toothbrushing, bedtime routines, and mealtime choices

Deal with tantrums and developmental delays

Choose childcare providers like daycare and babysitters

Get your child to sleep

Set the stage for potty training, provide nutrition, and ensure safety

Written by a pediatrician and a Mom, The Everything Guide to Raising a One-Year-Old is full of practical and informative advice that will ensure that you and your little one enjoy a safe, healthy, and happy 12 to 24 months!

作者介绍:

目录:

[The Everything Guide to Raising a One-year-old_下载链接1](#)

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