

Counseling as an Art



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For courses in Counseling and Mental Health programs. Published in collaboration with the American Counseling Association, Counseling as an Art examines the use of creative arts in counseling through the respected voice of Samuel T. Gladding. Chapters are written in a logical sequence, exploring seven specific art forms, and the research and techniques that support their use in clinical settings. Each chapter offers inspiring ideas for working with special populations and strategies for using various art forms in concert with one another. Designed to enrich many counseling courses, the text provides a unique combination of history, theory and application and demonstrates all the creative arts have to offer the healing and helping professions.

作者介绍:

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