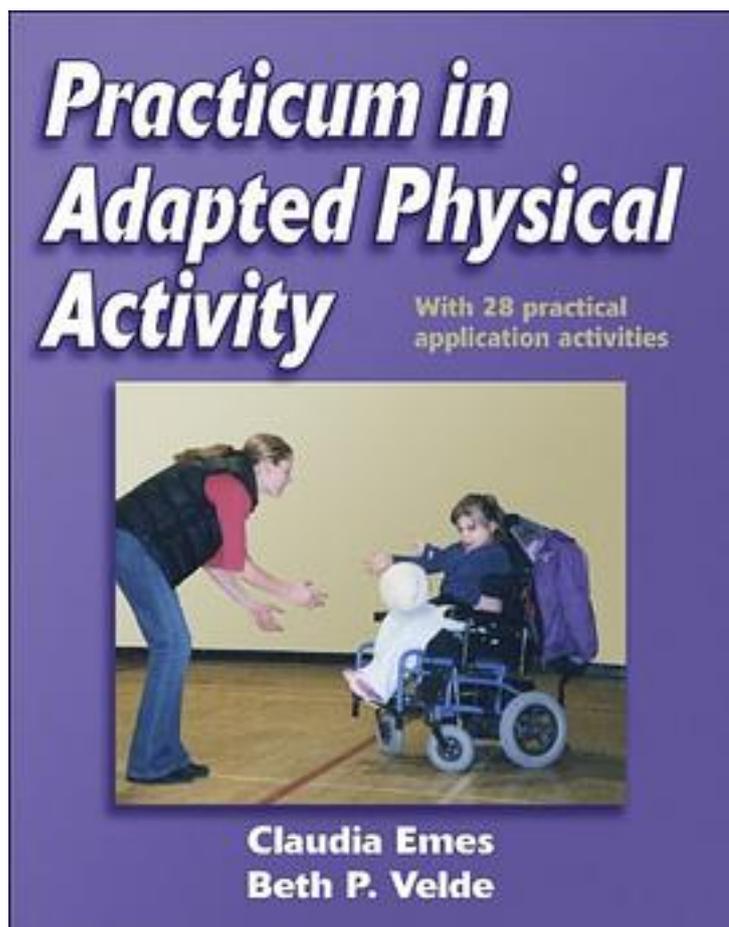


Practicum in Adapted Physical Activity



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著者:Emes, Claudia, Ph.D./ Velde, Beth P.

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No other workbook will help students learn more, remember more, and take more from their experience than "Practicum in Adapted Physical Activity." Whether students' practica are in adapted physical activity, adapted physical education, therapeutic

recreation, general special education, or any program that includes people with disabilities, this workbook will help them prepare for their experience and evaluate it through journal writing, self-assessment, and critical reflective thinking. The book will help ground them in an abilities-based approach to adapted physical activity. And, ultimately, it will enhance their success in their budding careers. "Practicum in Adapted Physical Activity" provides students with these opportunities: - Experience and respond to a variety of settings and challenges when working with people with disabilities- Process and assimilate their practicum experience and hone their critical-thinking and problem-solving skills- Evaluate their performances as teachers and leaders and their approaches to working with people with disabilities- Prepare for job hunting through portfolio-building experiences while sharpening their teaching and leading skills-Create a reflective journal of their personal learning experiences during the practicum This hands-on workbook, through the use of its real-life scenarios, self-evaluation checklists, handy tips, and reflective journaling exercises, leads students toward a greater understanding of the structure and purposes of a variety of experiences in practica. It helps them plan strategies for improved field performance, enhances the relationship with their mentor-teachers and leaders, and provides a variety of ways to reflect on the practicum experience and record insights for future reference. It also offers professional portfolio-building tools, assisting students in job hunting. In doing all this, it prepares students to be effective field professionals. Part I prepares students for their practicum as they learn about service delivery and the tools and strategies to make the practicum successful. It also explores motivational aspects and inclusive teaming. Part II focuses on different types of practicum supervision, various learning styles, and assessment tools. In Part III, students learn how to evaluate their experiences, reviewing their competencies, evaluating their programs, and taking with them lessons learned as they leave their practica. The exercises in each chapter help them explore and retain the salient information from their practica. "Practicum in Adapted Physical Activity" can be used in conjunction with a variety of textbooks, or it can stand alone alongside a practicum experience. This workbook helps students apply the principles they learn, promotes their development as practitioners, and helps them make the most of their practicum experience--all while they prepare for professional employment.

作者介绍:

目录:

[Practicum in Adapted Physical Activity_ 下载链接1](#)

标签

评论

[Practicum in Adapted Physical Activity_下载链接1](#)

书评

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