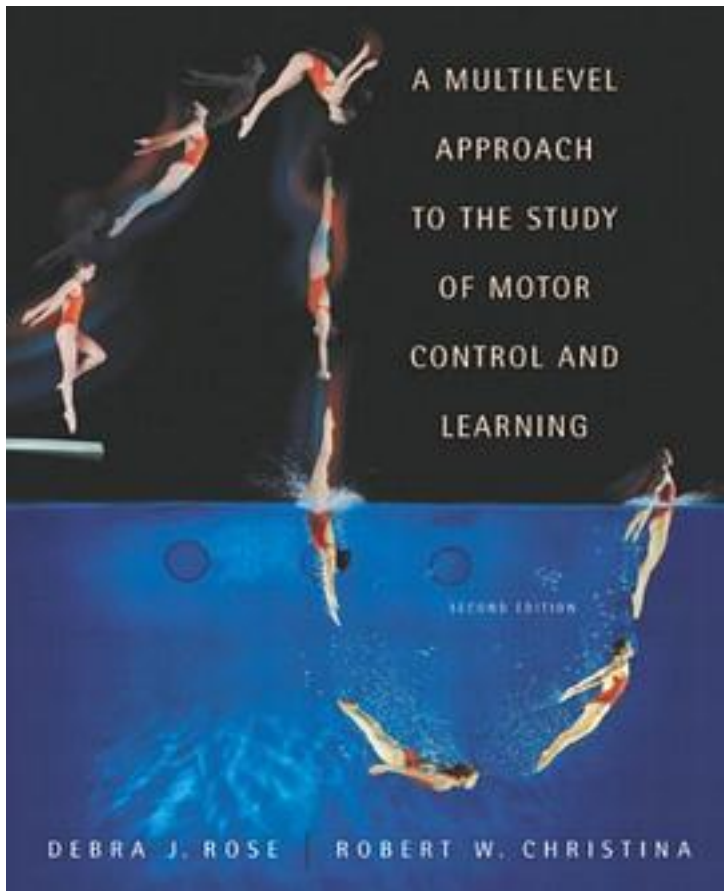


A Multilevel Approach to the Study of Motor Control and Learning



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This up-to-date textbook provides a comprehensive introduction to the principles of motor control and motor learning. The authors integrate knowledge from the fields of cognitive psychology and neuroscience to provide students with a more complete

understanding of the multilevel processes that contribute to the acquisition and control of movement skills. Each section of the book introduces the most important theoretical models in each particular area, followed by theoretical principles and then illustrated with practical examples drawn from movement, skill, and clinical settings. The breadth of the practical applications will appeal to students preparing to enter a variety of professions that require a strong knowledge of motor control and learning principles. The strong contemporary and multilevel review of the literature in both motor control and learning will provide the student with the most comprehensive and user-friendly introduction to two highly integrated areas of study in movement science today.

作者介绍:

目录:

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