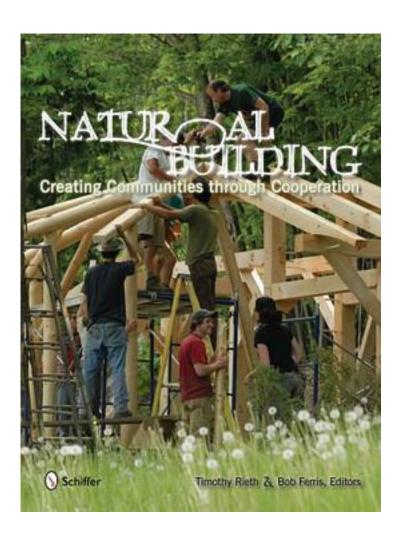
Natural Building



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Natural building involves construction with materials that have undergone less processing and manufacturing than conventional synthetic products. Wherever possible, the natural materials that are used are renewable, originating from crops, and

are obtained locally. Transport, pollution, carbon emissions, and fossil fuel use are therefore minimized and the end-product is harmonious, healthy, and environmentally beneficial. This book describes the many materials and methods that have been used by the pioneers of natural building; discusses the reasons why various materials have been chosen and frankly explains their advantages and disadvantages; provides a detailed consideration of all the main forms of natural construction, including building with earth, timber, and straw bales; and covers green and natural roofs, lime and masonry, and the use of hemp, as well as natural insulation materials, paints, and finishes. It thoroughly examines all the techniques involved, and analyzes the principles of green building and the issues involved in planning and regulatory approvals. It is lavishly illustrated with more than 220 color photographs and diagrams.