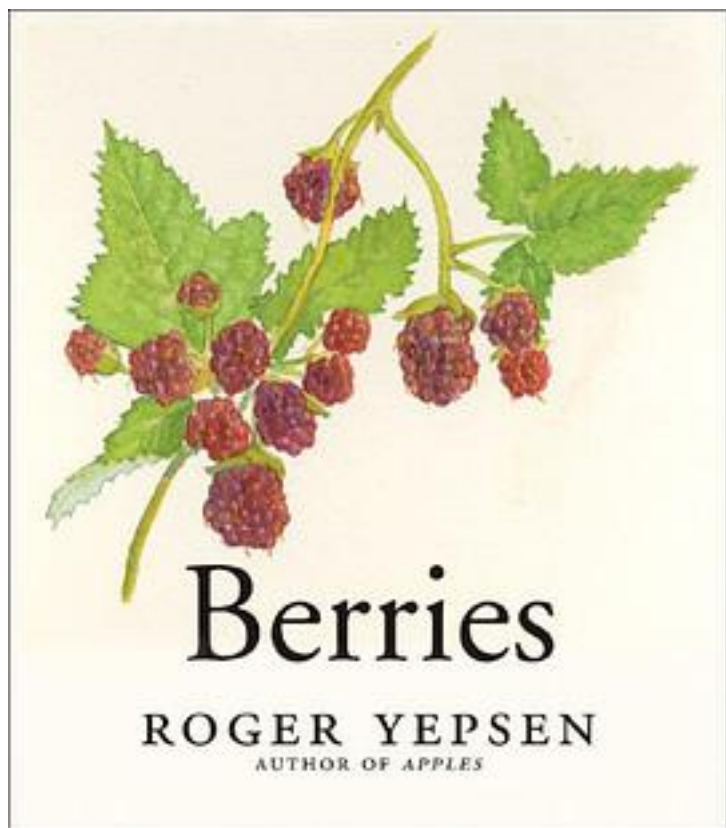


Berries



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Berries are edible jewels, distillations of sunlight, soil and floral perfumes. Some offer ambrosial sweetness; others are as assertive as herbs and spices. Roger Yepsen reintroduces us to these delightful fruits, including neglected varieties that have nearly disappeared from our diets and gardens. He offers advice on finding wild berries, growing your own and preserving them for year-round enjoyment. His gallery of delicate watercolours depict berries from wild strawberries to red gooseberries. While

it's hard to improve on the fresh item, "Berries" includes almost a hundred recipes: blueberry buckle, raspberry soup, elderberry wine and blackcurrant crepes. This elegant guidebook will inspire the cook, gardener, forager - and anyone with a sweet tooth - to get more involved with these fruits.

作者介绍:

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