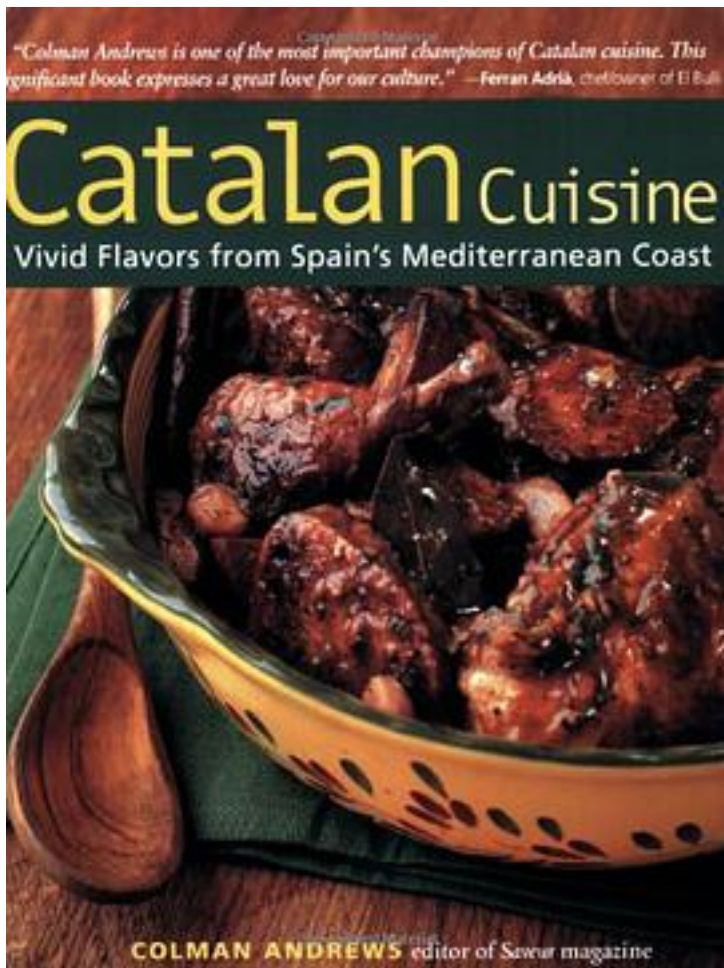


# Catalan Cuisine



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Revered writer Colman Andrews explores a once undiscovered gem among Europe's great culinary traditions. Using many of the same ingredients that other Mediterranean

cuisines are known for, Catalanian cooks combine them in fresh and unexpectedly delicious ways. Try "fricando," braised veal with wild mushrooms; "tumbet," a Majorcan vegetable casserole; or "bunyols," a delectable fried pastry. These and many other tempting dishes along with a wealth of information on the history and lore of the region make this the definitive guide to the food culture of Catalan.

作者介绍:

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