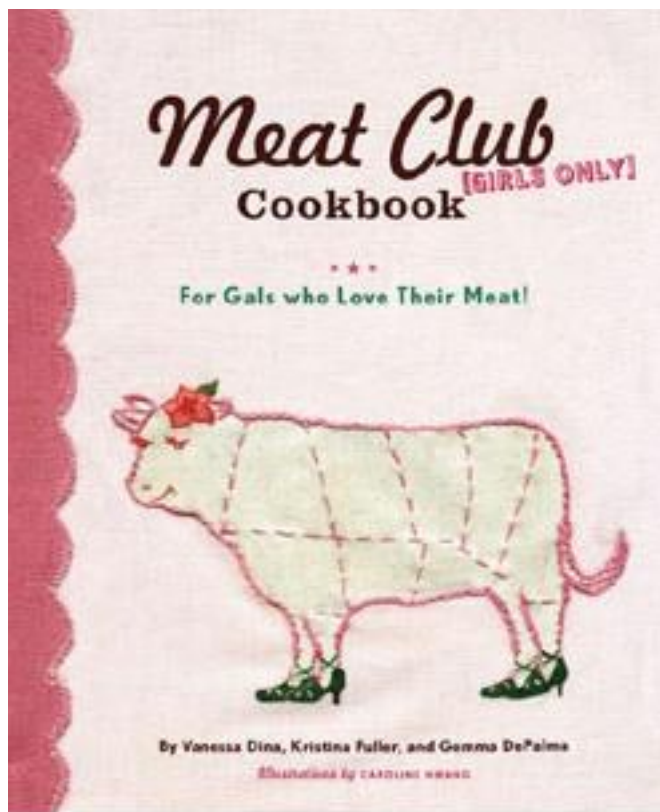


Meat Club Cookbook



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著者:Dina, Vanessa/ Depalma, Gemma/ Fuller, Kristina

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Girls love meat! Just ask the girls of the Meat Club. They lust for big steaks, succulent ribs, and juicy hamburgers. Meat satisfies their deepest desires and cravings, and besides - it just tastes so damn good! Tired of eating Caesar salads and poached chicken breasts at lunches, brunches, and dinners with the girls, Vanessa, Kristina, and Gemma knew there had to be something better. Over dinner one night, the three confessed that they each had a secret love of meat. The Meat Club started at that

moment. They quickly established a simple set of rules to guide them: You have to be a girl, You have to eat meat, You have to love to talk about meat, What is said in the meat club stays in the meat club. The rest is history - over the past 4 years, they've cooked more great meals together than they ever thought possible. In addition to voraciously studying the different cuts of meat and the best techniques for cooking each one, they experimented with sauces, rubs, and marinades; they've shared recipes; researched other people's recipes; and, made up some of their own. The Meat Club became a haven for both culinary experimentation and a venue to learn about all the delicious possibilities of cooking with meat. "The Meat Club Cookbook" is a collection of 60 tried-and-true recipes culled from their best meals together. Most of these recipes come from their mothers.

作者介绍:

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标签

寡欲慎动，守时却疾

评论

很可爱的原版书，朋友都以为我新买了一个笔记本。。

- You have to be a girl - You have to eat meat (any kind) - You have to love to talk about meat - What's said in the Meat Club, stays in the Meat Club

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书评

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