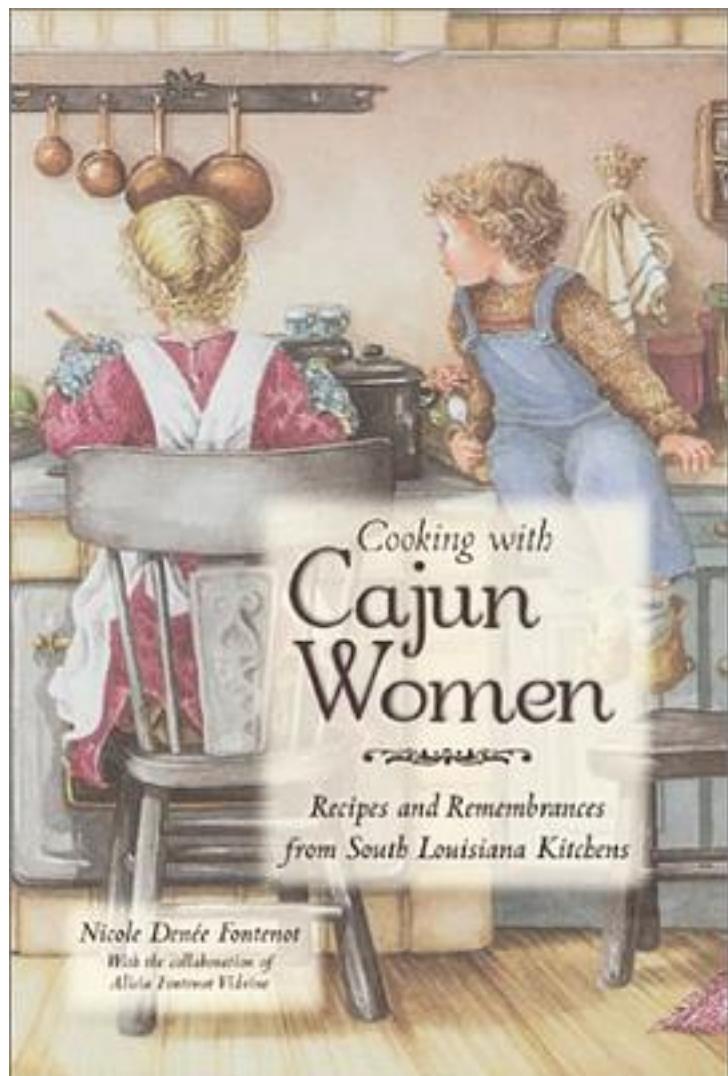


# Cooking with Cajun Women



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著者:Fontenot, Nicole Denee

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In this treasury of Cajun heritage, the author allows the people who are the very foundations of Cajun culture to tell their own stories. Nicole Denee Fontenot visited Cajun women in their homes and kitchens and gathered over 300 recipes as well as thousands of narrative accounts. Most of these women were raised on small farms and remember times when everything (except coffee, sugar and flour) was home-made. They shared traditional recipes made with modern and simple ingredients.

作者介绍:

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