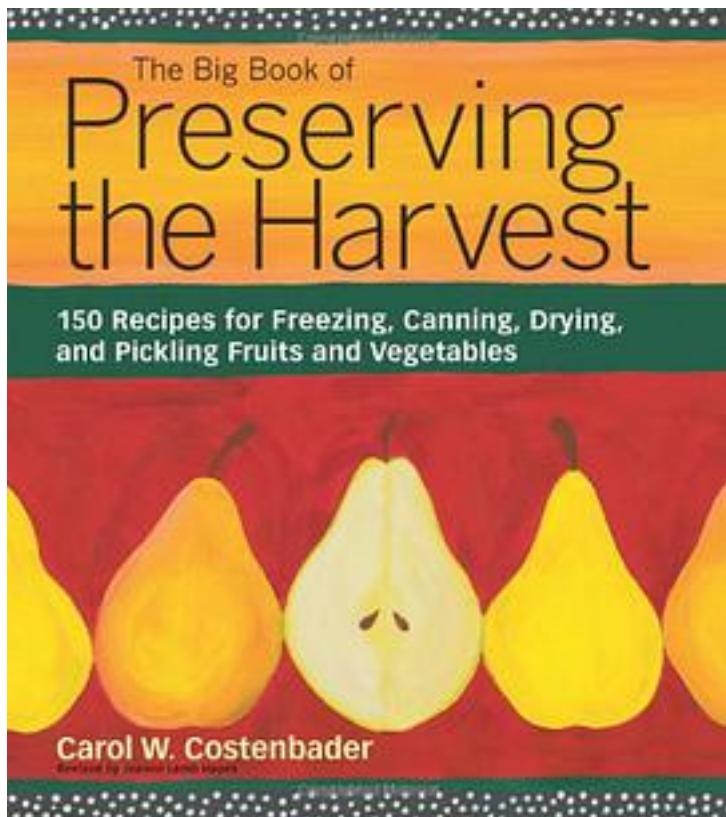


# The Big Book of Preserving the Harvest



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Remember how grandmother's pantry shelves were packed with jars of tomato sauce and stewed tomatoes, pickled beets and cauliflower, and pickles both sweet and dill? Learn how to save a summer day - in batches - from the classic primer, now updated and re-jacketed. Use the latest inexpensive, time saving techniques for drying, freezing, canning and pickling. Anyone can capture the delicate flavours of fresh foods for year-round enjoyment and create a well-stocked pantry of fruits, vegetables, herbs,

meats flavoured vinegars and seasonings.

作者介绍:

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