

# Simply Salads



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Long gone are the days when people created their salads by purchasing a head of iceberg lettuce and a head of romaine, cutting up a tomato and a boiled egg and adding some wishbone dressing. Today anyone can create a delicious gourmet salad by picking up one of the hundreds of bagged salad mixes available and adding ingredients to create masterpieces such as: Mandarin Chicken Salad with Toasted Sesame Vinaigrette Classic Caesar Salad with Herb Croutons Spinach Salad with Roasted Cherry Tomatoes Each salad has dressing recommendations and recipes, menu ideas, and nutritional information. The book contains recipes for more than 100 salads and dressings.

作者介绍:

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