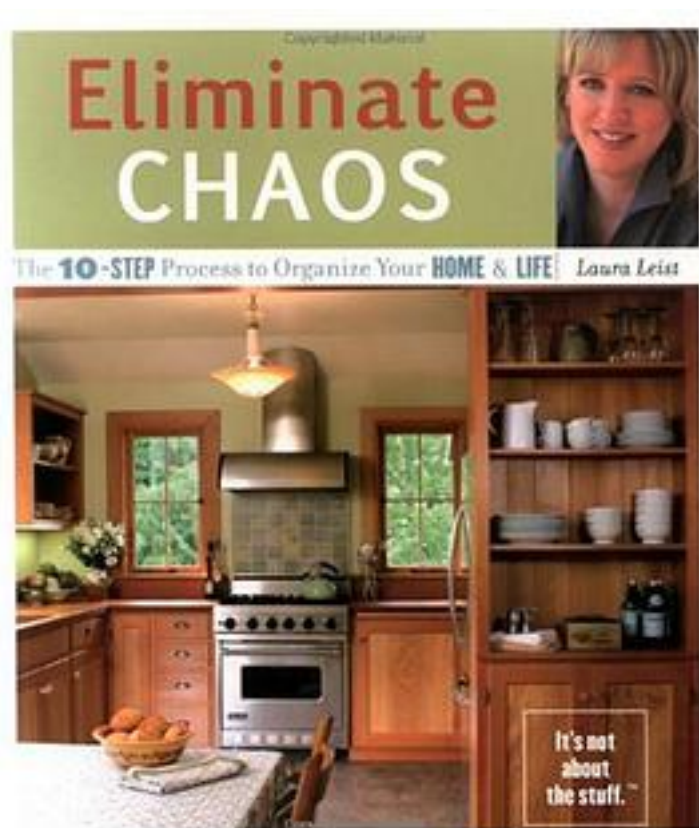


Eliminate Chaos



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著者:Leist, Laura

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Eliminate Chaos is a user-friendly system for organizing each room of the house, including the kitchen and pantry, closet, garage, home office, and childrens' rooms. The author's ten-step system is presented in an easy-to-use, workbook-style layout. Full-color photos demonstrate the various stages of the organizing process, illustrating not just "before and after," but the realistic, messy, all-important steps in between. Leist's method is based on the underlying principle that "it's not about the stuff."

She touches on the psychological reasons behind clutter and not letting go — such as procrastination, denial, thrift, and family history — but her underlying premise is that being organized is an on-going process, not a one-day event. By learning to sort, prioritize, and make fast, rational decisions about their household goods, readers become more efficient and functional not just at home, but in other areas of life as well.

作者介绍:

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