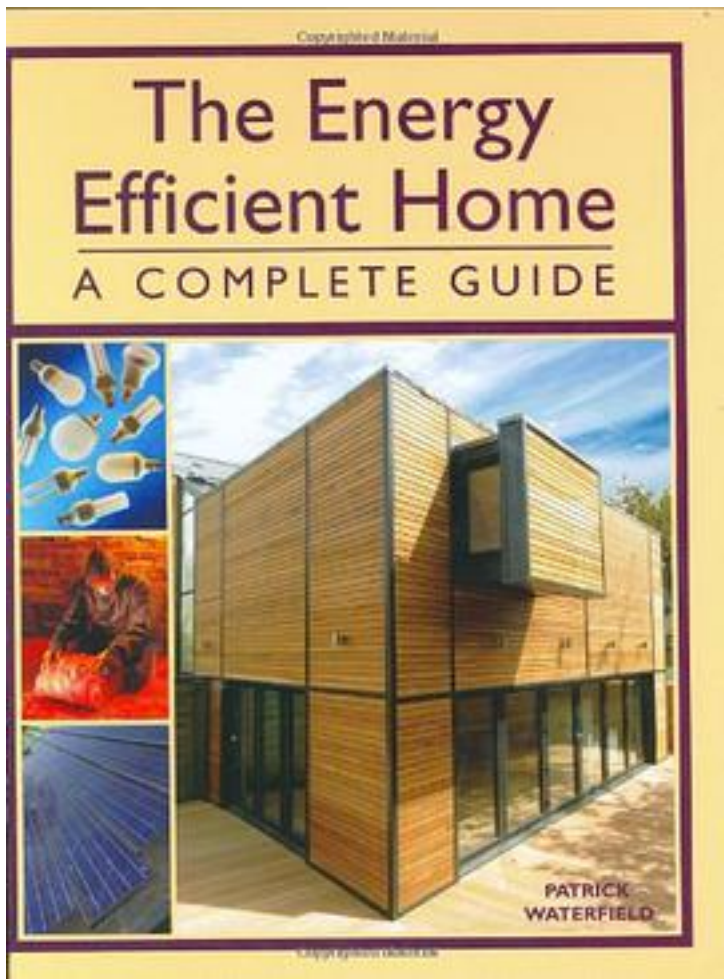


The Energy Efficient Home



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The age of cheap energy is over and energy costs will increase relentlessly in the future as demand outstrips supply. Energy-saving measures in the home will, therefore,

become ever more cost-effective throughout lifetimes. This non-technical book is packed full of useful information and tips. The book covers every aspect of the efficient consumption of energy in the home including the following: the position of the dwelling, its method of construction and the materials used; energy rating and the legal framework; insulation and U-values; windows and doors; conservatories, sunrooms and loft conversions; heating and hot-water systems; lighting and making the best use of daylight; ventilation; renewable energy technologies; appliances, gadgets and housekeeping; and the wider environmental issues including water economy and recycling.

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