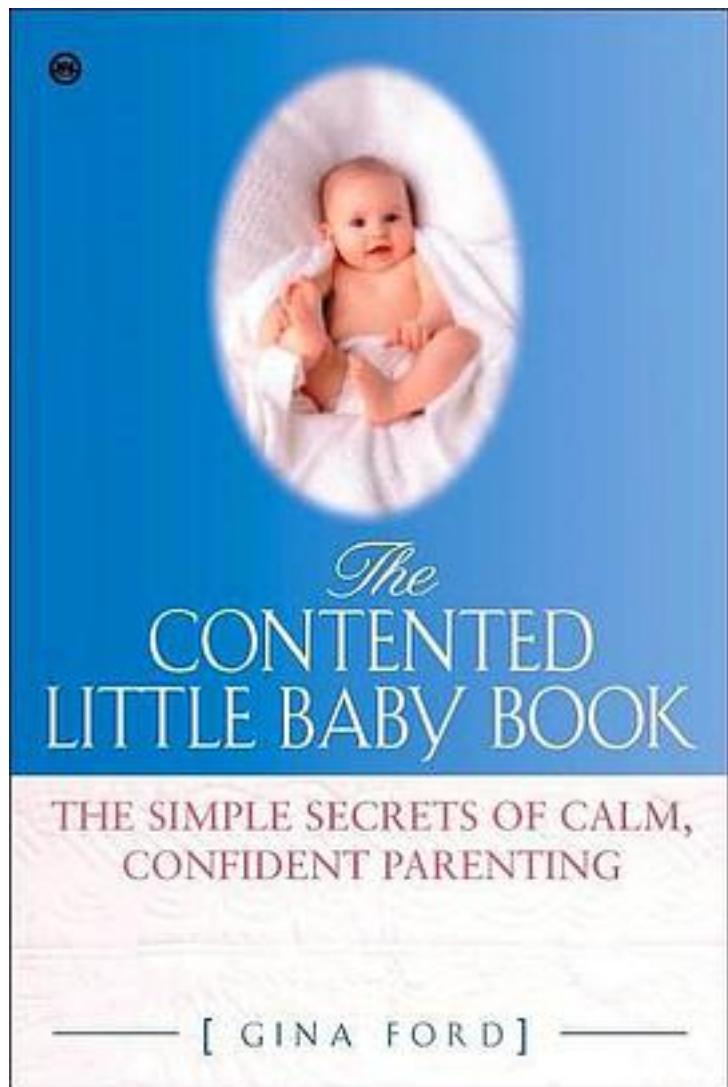


# Contented Baby Book



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著者:Ford, Gina

出版者:New Amer Library

出版时间:2001-10

装帧:Pap

isbn:9780451202437

In this revolutionary book, one of Britain's top maternity nurses challenges the traditional "feed-on-demand" advice-and shows parents simple ways to get their babies to sleep through the night.

- \* Recognize the difference between hunger and tiredness
- \* Establish a good feeding and sleeping pattern from day one
- \* Choose baby equipment and clothes
- \* Set up the nursery
- \* Deal with crying and colicky babies
- \* Wean baby from breast to bottle

作者介绍:

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**标签**

育儿

童

教育

**评论**

如果生娃之前读可能有点用处。

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## 书评

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