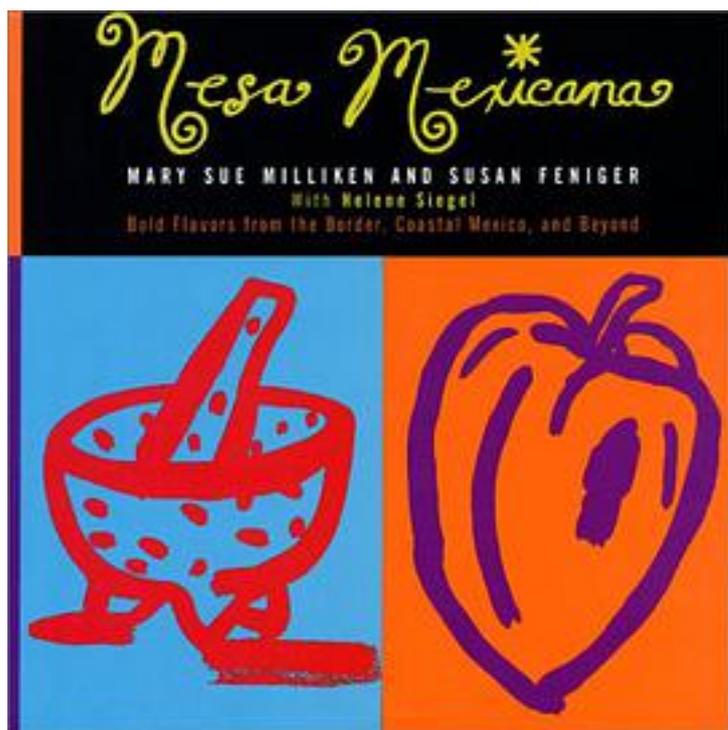


Mesa Mexicana



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An unerring feel for the tastes we love has made Mary Sue Milliken and Susan Feniger's cookbooks and, restaurants havens for all who crave exciting, flavorful food. In Mesa Mexicana, they offer their unique, interpretations of the tastes of coastal Mexico with a bold, colorful cuisine that excites the palate and satisfies our yen for earthy, rustic flavors, minus the heaviness of most standard fare. Best of all, the very healthy and inexpensive recipes in Mesa Mexicana can be made at home with minimal fuss. There are salads, salsas, grilled meats and fish, the greatest collection of taco recipes in print, as well as the delicious vegetable dishes the authors are famed for-Braised Cauliflower with Parsley and Lime, Roasted Parsnips and Carrots with Cumin, and Red, White, or

Green Rice. Desserts include a sensational Lime Coconut Pie and fabulous frozen treats, including Kahlúa chip ice Cream and Tamarind ice. There are also cooling beverages such as Limeade with Chia Seeds, the Border Sunset, and of course, a stellar margarita.

作者介绍:

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