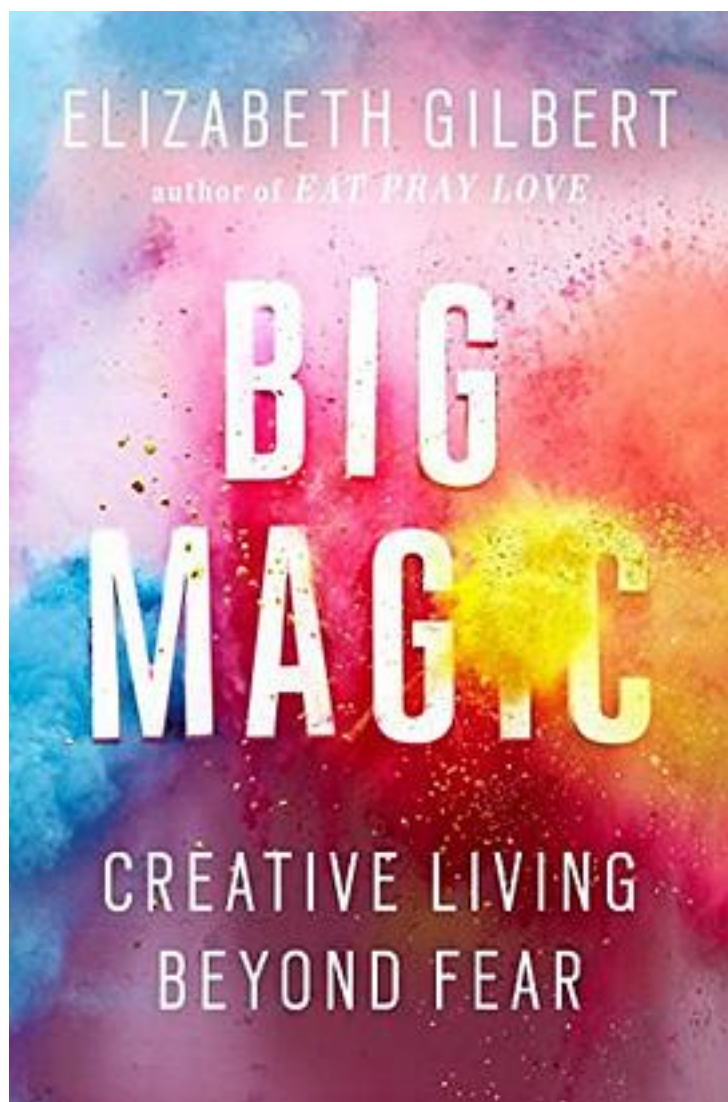


Big Magic



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著者:Elizabeth Gilbert

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From the worldwide bestselling author of Eat Pray Love: the path to the vibrant, fulfilling life you've dreamed of.

Readers of all ages and walks of life have drawn inspiration and empowerment from Elizabeth Gilbert's books for years. Now this beloved author digs deep into her own generative process to share her wisdom and unique perspective about creativity. With profound empathy and radiant generosity, she offers potent insights into the mysterious nature of inspiration. She asks us to embrace our curiosity and let go of needless suffering. She shows us how to tackle what we most love, and how to face down what we most fear. She discusses the attitudes, approaches, and habits we need in order to live our most creative lives. Balancing between soulful spirituality and cheerful pragmatism, Gilbert encourages us to uncover the "strange jewels" that are hidden within each of us. Whether we are looking to write a book, make art, find new ways to address challenges in our work, embark on a dream long deferred, or simply infuse our everyday lives with more mindfulness and passion, Big Magic cracks open a world of wonder and joy.

作者介绍:

Elizabeth Gilbert is an award-winning writer of both fiction and non-fiction. Her short story collection Pilgrims was a finalist for the PEN/Hemingway award, and her novel Stern Men was a New York Times notable book. Her 2002 book The Last American Man was a finalist for both the National Book Award and the National Book Critic's Circle Award.

Her memoir, Eat, Pray, Love, spent 57 weeks in the #1 spot on the New York Times paperback bestseller list. It has shipped over 6 million copies in the US and has been published in over thirty languages. A film adaptation of the book was released by Columbia Pictures with an all star cast: Julia Roberts as Gilbert, Javier Bardem as Felipe, James Franco as David, Billy Crudup as her ex-husband and Richard Jenkins as Richard from Texas.

Her latest novel, The Signature of All Things, will be available on October 1, 2013. The credit for her profile picture belongs to Jennifer Schatten.

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标签

自我提升

英文原版

创意

creativity

自我管理

写作

美国

成长

评论

是很鸡汤啦，但是对于处于低谷期的盆友们还是值得翻翻，记住一个中心思想“做什么永远都不晚”就OK

这本书读得我心潮澎湃，两眼放光。关于写作、创意、人生。Eat Pray Love作者Elizabeth Gilbert的创意写作书。写的是创意人生，围绕着一个问题"你是否有勇气把隐藏在你里面的珍宝展示出来？ Do you have the courage to bring forth the treasures that are hidden within you?"

想给这本书打六星，因为太有趣、太有启发性了。

这阿姨真是个神棍啊，睡觉前听听还可以。

挺喜欢这本书的作者。尤其喜欢她在这本书里讲她的家庭，成长的经历，以及如何让成为全职作家的理想和现实的柴米油盐相互妥协。书中也提到了一些万物签名的创作过程，觉得作者真的聪明又有趣。不过鸡汤文还是得看文字才好消化，我一边走路，一边听的大段大段的鸡汤，真的很容易开小差了。最后，真佩服这个作者，太能写了。哈哈

清鸡汤，可补

It seems like eat pray love is the only book Liz wrote with a heart. Big Magic is full of shit, and pointless pep talk.

破除了迷思 1) genius不是being 而是上天bestow的
只有不断努力的人才能增加成为这些ideas的信使的可能性 2) 创作是为了自己本身
因为别人无论如何都会pigeonhole你 也很快会遗忘你 3) Frustration不是创作的阻碍
而它就是part of the process 所以要做一个disciplined half-ass. Done is better than good. 4) 创作不是一个suffering contest
要为了好奇心和内心真诚的欲望去创作，轻盈一点。虽然就是自然水pep talk，但至少让我把大半年前1T的素材终于翻出来开始剪辑了，所以五星感谢Liz。

鸡汤咯 摊手

太扎心导致我某晚失眠

so repetitive

只忍了一个章节，适合文艺女青年；一星给自己渣渣的忍耐力

ElizabethGilbert

April 2017

interesting. the path to anything creative, really. bugs bunny.

are you serious....

Being true and bold to yourself will attract the right kind of people and things into your life.

听的Audible,听完就退了。满篇的鸡汤。

浪费了一个小时的时间，一堆意识流，没有一点科学支撑，也没什么技术含量。呜呜啦啦讲了一堆creative living等等，名字起的这么玄乎，封面做的这么漂亮，花了很长时间才拿到这本书，没想到却是。。。随便写点东西就可以出来圈钱了。

偶尔喝点鸡汤还是补的。

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书评

Elizabeth Gilbert是我一直很欣赏的作家 从第一次看她的eat pray love到后来买了它的续集commited 这是第三本书了，为了宣传这本self-help类型的书，她做了一个以书名为主题的podcast，也是因为这个频道，让我了解到这本书的存在。相隔数月在readfree上找到，当天就看完了...

如果有一件事，你非常渴望，但基于“现实”的考虑，你却犹疑不前，或者正在挣扎，

或者已经放弃，那可以看看这本书。
虽然限于作家的身份，大多时候以写作来举例，但书名里提到的” creative living”，其包含的范围其实很广。概而言之，一切与原创性有关的活动，都可以归于此类...

这本书写作结构较清晰，作者把追求创意生活需要克服的
“fear”按照心理时间顺序展开，即以需要courage, enchantment, permission, trust, divinity的线索展开，同时以故事加深对每章主题的深入阐述，这种娓娓道来讲故事的写作方式的阅读感非常不错，叙述中不时穿插一些幽默的桥...

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