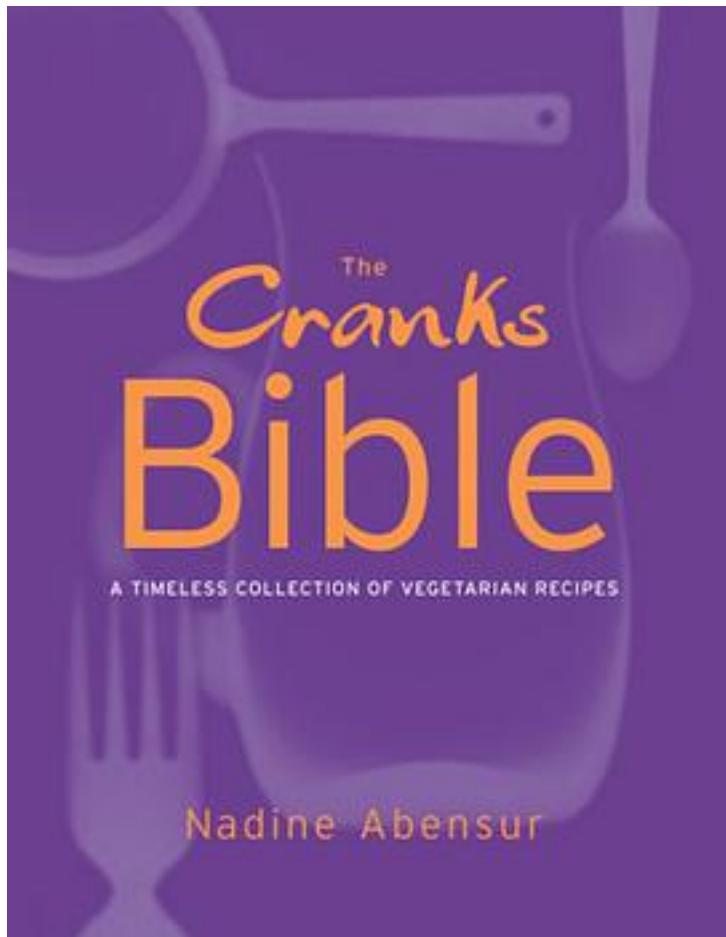


Crank's Bible



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A collection of the finest Cranks recipes, displaying the exciting breadth of vegetarian cuisine, clearly in tune with today's modern style of lighter, healthier eating. Delicious and quick vegetarian recipes for all occasions centred around the key food groups.

This modern stylish volume featuring colourful, specially commissioned photography clearly illustrates the richness and diversity of vegetarian meals.

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