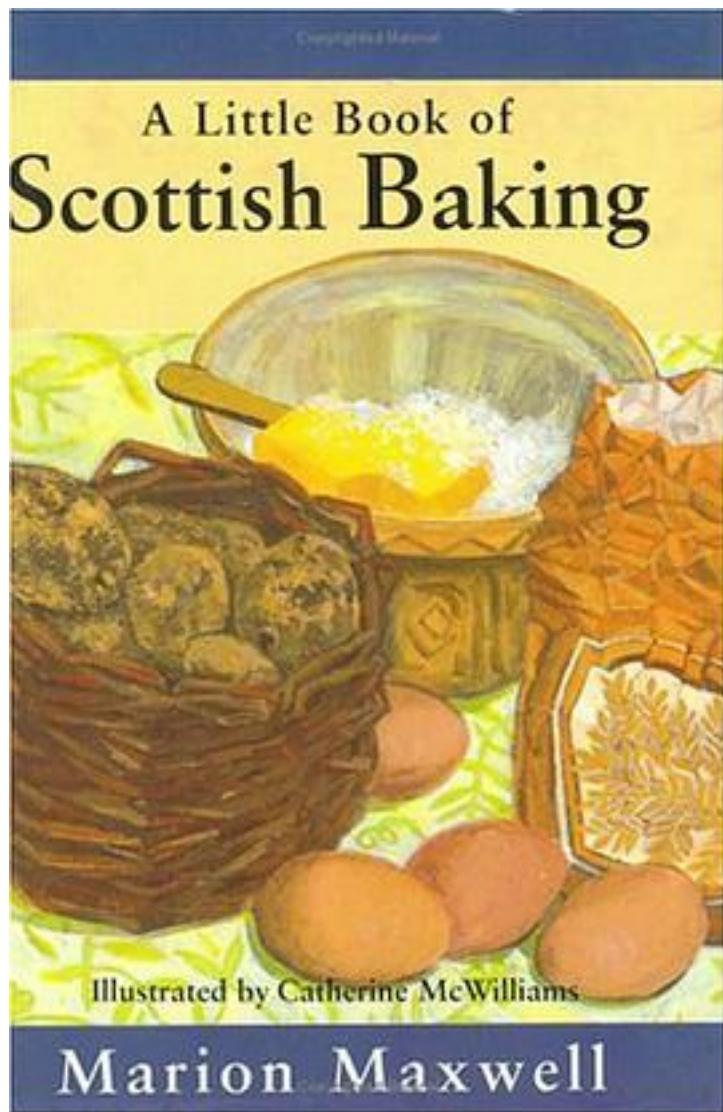


A Little Book of Scottish Baking



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Traditional Wheaten Bannocks and unusual Sair Heidies both can be found in A Little Book of Scottish Baking. For those unfamiliar with the rich baking traditions of Scotland, Wheaten Bannocks were once a daily staple of the national diet before white flour became widely available. Sair Heidies, or "Sore Heads," reflect the Scottish sense of humor. The straight-sided cakes are wrapped in paper "bandages" and have domed, crusted heads with lump sugar on top, representing "aspirin." Recipes for a wide variety of baked treats are included, ranging from the simple, nourishing scones and oatcakes once baked in farmhouses to the sophisticated confections turned out by the ancient Incorporation of Baxters in Edinburgh. Author Marion Maxwell presents the finest collection of recipes for baked goods that would fit into this little book, which is colorfully illustrated by Catherine McWilliams. Whatever your cup of tea, A Little Book of Scottish Baking is sure to offer the perfect complement to your beverage of choice.

作者介绍:

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