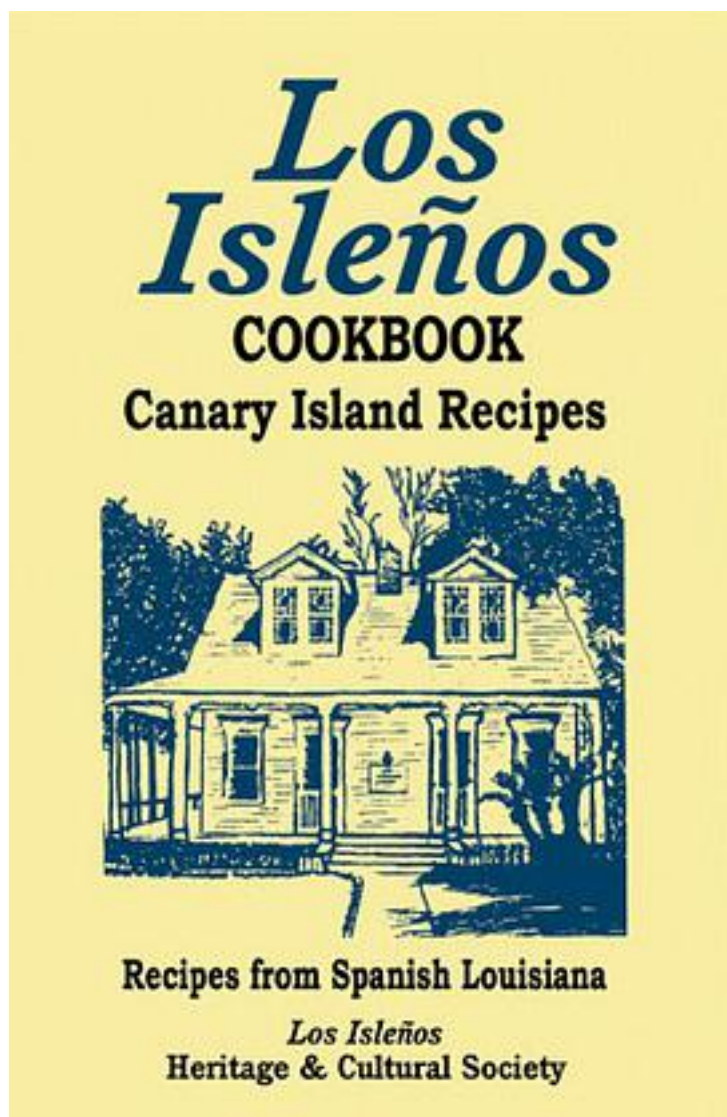


# Los Islenos Cookbook



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著者:Los Islenos Heritage and Cultural Society

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While many of these dishes, like Paella, Flan, and Sangria, may be traced back to the Canary Islands and Spain, many others, including Irish Stew, Chicken Cacciatore, and a New England Boiled Dinner, claim differing lineages. Still others are pure Louisiana. Nine recipes are included for Gumbo, not to mention two variations of Fried Alligator. What they all share, aside from their great taste, is the fact that they have been incorporated into the Isleno culinary lexicon. And, apparently, they like their sweets, too -- one entire chapter is devoted to Cakes, Cookies and Candies, with another reserved for Desserts and Pies. While others may eat to live, los Islenos live to eat.

作者介绍:

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