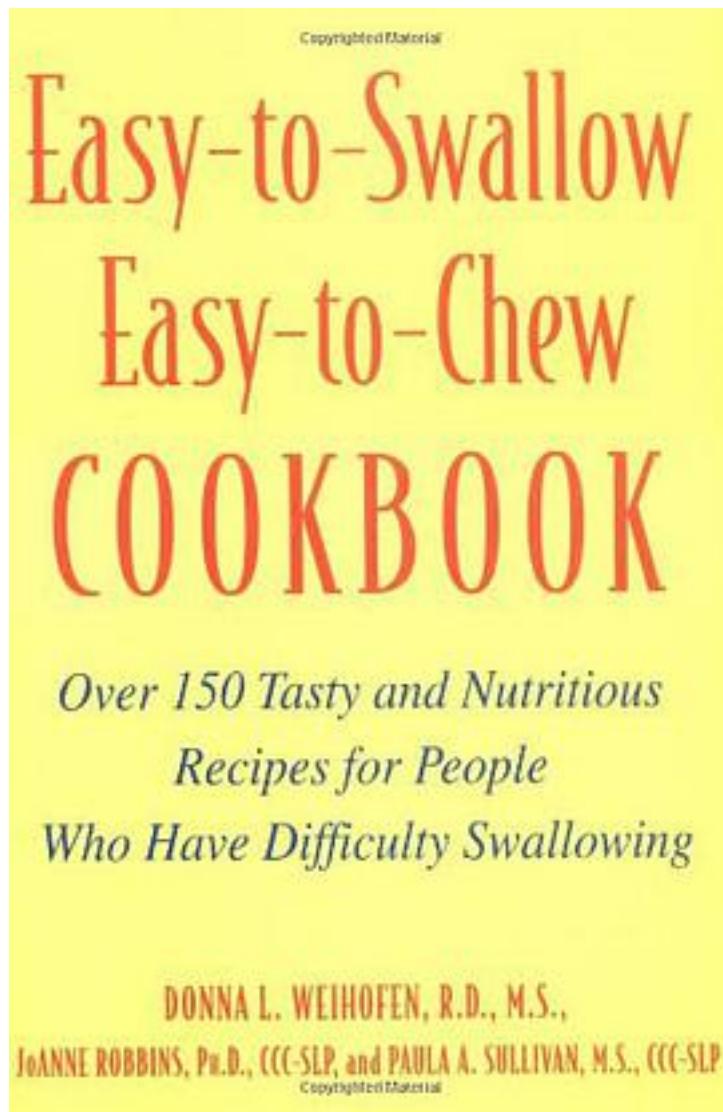


Easy-to-swallow, Easy-to-chew Cookbook



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Delicious and nourishing recipes that are easy to eat and swallow. The simple act of eating is a challenge for millions of people whose ability to chew and swallow has been compromised by the debilitating effects of age or disease. The Easy-to-Swallow, Easy-to-Chew Cookbook presents a collection of more than 150 nutritious recipes that make eating enjoyable and satisfying for anyone who has difficulty chewing or swallowing. It also shares helpful tips and techniques to make eating easier for the elderly and those with such diseases as Parkinson's, AIDS, or head and neck cancers. Donna L. Weihofen, RD, MS (Verona, WI), is a nutritionist and the author of The Cancer Survival Cookbook (0-471-34668-3) and Magic Spices (Wiley: 0-471-34683-7). JoAnne Robbins, PhD (Madison, WI), is founder of the University of Wisconsin's clinical Swallowing Service. Paula A. Sullivan, MS, CCC-SLP (Madison, WI), is a speech pathologist who specializes in swallowing rehabilitation.

作者介绍:

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